

WEEK 1 COMMON MENU FOR THE YEAR 2017 - 2018

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	BOOST	HOT CHOCOLATE	BOOST	HOT CHOCOLATE	BOOST	HOT CHOCOLATE	BOOST
	TEA / COFFEE						
	CORN FLAKES	PORRIDGE	CORN FLAKES	PORRIDGE	CORN FLAKES	PORRIDGE	CORN FLAKES
	WHITE BREAD / TOAST						
	BUTTER / JAM						
	MASALA OMELETTE	MASALA FRIED EGG	EGG BHURJI	FRIED EGG	MASALA OMELETTE	AKOORI	OMELETTE
	IDLY / MEDU WADA	POORI	PALAK MULTIGRAIN PARATHA	MASALA UTTAPAM	IDLY / BONDA	AMERICAN PANCAKE	MASALA DOSA
	SAMBAR / CHUTNEY	ALOO BHAJI	VEG KURMA	SAMBHAR / CHUTNEY	SAMBAR / CHUTNEY	SEMIYA UPMA/CHUTNEY	SAMBAR / CHUTNEY
	BANANA	PAPAYA	BANANA	PAPAYA	BANANA	PAPAYA	BANANA
	LEMON	MANGO	LEMON	LITCHI	LEMON	ICED TEA	GRAPES
M.S	BISCUITS						
	COFFEE						
LUNCH	MIX VEG BROTH	TOMATO SOUP	HOT & SOUR SOUP	HAWAIIAN SOUP	MANCHOW SOUP	VEGETABLE BISQUE	MINESTRONE SOUP
	GREEN SALAD	ONION,CUCUMBER & TOMATO SALAD	CHANNA SUNDAL	VEG KACHUMBER SALAD	TOSSED SALAD	CARROT KOSUMBARI	FRIED NOODLE SALAD
	CHAPATI	CHAPATI	CHAPATI	CHAPATI	CHAPATI	ALOO PARATHA	LACHHA PARATHA
	VEG PASTA IN CHEESY SAUCE	BAKED CORN SPINACH	INDONESIAN SAMBAL NOODLES	CORN AND SPINACH CUTLET	PASTA CAPONATA	BAKED CAULIFLOWER IN WHITE SAUCE	MIX VEG MANCHURIAN
	HERB TOSSED VEGGIES	RATATOUILLE	PAN TOSSED VEGGIES	CHEESEY VEG AUGRATIN	HUNAN VEGETABLES	***	***
	PESHAWARI ALOO MUTTER MASALA	PANEER NAWABI HANDI	SHIKAMPURI VEG MASALA	LOBIA CURRY	KASHMIRI KOFTA CURRY	PUNJAB KI RASEDAR PANEER	KADALAI AND VEG KURMA
	JEERA PULAO	LEMON RICE	PEAS PULAO	TOMATO RICE	ONION PULAO	GHEE RICE	PLAIN RICE
	DAL TADKA	SAMBAR	MASOOR DAL FRY	SAMBAR	GREEN MOONG DAL / RASAM	DAL PANCHRATNA	MASOOR DHAL FRY
	PAPAD /BREAD ROLL / PICKLE/CURD / SEASONAL FRUIT						
	CHOCOLATE CHEESE CAKE	BADUSHA	BROWNIE	ICE CREAM	JELLY	GULAB JAMUN	DECANDENT OF CHOCOLATE
E.S	VEG BONDA	CROISSANT	KABULI CHANNA VADA	VEG MASALA ROLL	CINNAMON DOUGHNUT	CHEESE PIZZA	MADDUR VADA
	TEA						
DINNER	CARROT & CORIANDER SOUP	LEEEKS SOUP	TOMATO SHORBA	DRUMSTICK SOUP	CREAM OF BROCCOLI	CITRUS CORRIANDER SOUP	CREAM OF SQUASH
	JULIENNE SALAD	CLOCK SALAD	GREEN SALAD	CUCUMBER SALAD	ASIAN NOODLE SALAD	ONION SALAD	KIMCHI SALAD
	CHAPATI	PARATHA	CHAPATI	PARATHA	****	BUTTER PAV	***
	GARLIC SAUTE VEGETABLE	RED THAI CURRY	MUSHROOM VOLAUVENTS	CAJUN SPICED VEGETABLE	HERB SCENTED ROASTED VEGETABLES	FRENCH FRIES	VEG BALL IN SWEET CHILLI SAUCE
	ROASTED POTATO	HONEY GLAZED CARROT	****	TARTAR SAUCE	VEG BIRYANI	***	VEG JAIPURI
	HYDERABADI VEG	ALOO JEERA	MALABAR VEG CURRY	PANEER BUTTER MASALA	MIRCHI KA SALAN	PAV BHAJI	SHANGHAI VEG FRIED RICE
	MOONG DAL FRY	PUNJABI DAL TADKA	DAL PANCHRATNA	DAL PALAK / RASAM	DAL	DAL AMARNATH	BUTTER DAL FRY
	BENGAL KA MURGH MASALA	MAHARASHTRIAN EGG CURRY	CHICKEN LALMASS	BATTER FRIED FISH	CHICKEN BIRYANI	MUGHALAI MURG MASALA	SHANGHAI CHICKEN FRIED RICE
	PLAIN RICE	PLAIN RICE	PLAIN RICE	PLAIN RICE	PLAIN RICE	PLAIN RICE	PLAIN RICE
	PAPAD /BREAD ROLL / PICKLE/CURD / SEASONAL FRUIT						
DRY JAMUN	BLACK FOREST PASTRY	JANGIRI	STRAWBERRY RASGULLA	CREAM CARAMEL	ICE CREAM	CHOCOLATE NUT SUNDAE	
HOT CHOCOLATE	PLAIN MILK	HOT CHOCOLATE	PLAIN MILK	HOT CHOCOLATE	PLAIN MILK	HOT CHOCOLATE	
COFFEE							

WEEK 2 COMMON MENU FOR THE YEAR 2017 - 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
HOT CHOCOLATE	BOOST	HOT CHOCOLATE	BOOST	HOT CHOCOLATE	BOOST	HOT CHOCOLATE
TEA / COFFEE						
PORRIDGE	CORN FLAKES	PORRIDGE	CORN FLAKES	PORRIDGE	CORN FLAKES	PORRIDGE
WHITE BREAD / TOAST						
BUTTER / JAM						
EGG BHURJI	BOILED EGG	FRIED EGG	MASALA OMELETTE	AKOORI	ONION SCRAMBLED EGG	VEG OMELETTE
METHI PARATHA	IDLY / WADA	POORI	UTTAPAM	FRENCH TOAST	IDLY / BONDA	MASALA DOSA
VEG KURMA	SAMBAR / CHUTNEY	SAGOO	SAMBAR / CHUTNEY	KHARA BATH	SAMBAR / CHUTNEY	SAMBHAR / CHUTNEY
PAPAYA	BANANA	PAPAYA	BANANA	PAPAYA	BANANA	PAPAYA
LEMON	MANGO	LEMON	LITCHI	LEMON	GRAPES	ICE TEA
BISCUITS						
COFFEE						
MEDITERRANEAN TOMATO SOUP	VEG NOODLES SOUP CHANNA SPROUT SUNDAL	THAI STYLE VEG SOUP CORN AND CUCUMBER KOSUMBARI	GARLIC SCENTED SPINACH SOUP	POTATO AND LEEK SOUP	MULLIGATAWNY SOUP	TOM YUM SOUP
GREEN SALAD			RUSSIAN POTATO SALAD	DICED SALAD	GREEN SALAD	GREEK SALAD
CHAPATI	CHAPATI	CHAPATI	CHAPATI	CHAPATI	ALOO PARATHA	PARATHA
POTATO AND PEAS CUTLET	SUMMER VEG PASTA	*****	VEG HAKKA NOODLES	PASTA ARRABIATA GARLIC GRILLED VEGETABLE	THAI STIR FRY VEGETABLE	ALOO TIKKI CHAT
VEG ALA KING	HERBS SCENTED VEGGIES	POTATO CROQUETTES	SWEET & SOUR VEGETABLE		CURD	CHEESY BAKED VEG
PANEER AUR SUBZI NAWABI	GUJRATHI KOFTA CURRY	ALOO GOBI AUR TAMATAR	PANEER BUTTER MASALA	VEG KHOLAPURI	CHATKEDAR PANEER MASALA	SOUTH INDIAN VEG KURMA
SAMBAR	DAL MAKHANI	DAL TRIVENI	SAMBAR	DAL TADKA / RASAM	DAL PALAK	DAL TADKA
COCONUT RICE	JEERA RICE	SHANGHAI FRIED RICE	PULIYODHARAI	GHEE RICE	METHI PULAO	PEAS PULAO
PAPAD /BREAD ROLL / PICKLE/CURD / SEASONAL FRUIT						
ICE CREAM	KALA JAMUN	COLUMBIAN COFFEE CAKE	RASMALAI	BADAM PURI	GULAB JAMUN	FRUIT TRIFLE
BANANA CAKE SLICE	DANISH PASTRY	ONION PAKODA	VEG PUFF	CHOCO DOUGHNUT	CINNAMON ROLL	SPICED CARROT MUFFIN
TEA						
CRISPY RICE SOUP	MINISTRONE SOUP	CLEAR VEG SOUP	CREAM OF TOMATO/CROUTONS	BARLEY AND VEG SOUP	HOT AND SOUR SOUP	OATS CHOW SOUP
GRILLED VEGETABLE SALAD	RUSSIAN VEGETABLE SALAD	COUNTRY STYLE SALAD	MIX GREENS	KACHUMBER SALAD	HUMMUS	ONION SALAD
PARATHA	CHAPATI	PARATHA	CHAPATI	SZECHUAN VEGETABLE	BUTTER GARLIC BREAD	BHATURA
HONEY GLAZED CARROTS	ROASTED ALOO CAPSICUM	TEMPURA VEGETABLE	KHATTA MEETHA BHEL PURI	RAITHA	VEG JHALFREZI	VEG LASAGNE
AMERICAN POTATO WEDGES	RASAM	STUFFED TOMATOES	RATATOUILLE	MIRCH KA SALAN	SPAGHETTI	CHICKPEAS MASALA
BAINGAN BHARTHA	CHATKEDAR SUBZI	HYDRABADI VEG	HARI MAKAI	DUM VEG BIRYANI	NEAPOLITAN SAUCE	***
DAL	CHANNA DAL FRY	MUSTARD DAL	GINGER DAL	DAL FRY	MUSTARD FRY DAL	DAL TADKA
BAWARCHI KA PATIALA MURG	BENGALI FISH CURRY	BANARAS KA MURGH PASAND	MALBAR EGG CURRY	DUM GHOST BIRYANI	CHICKEN BOLOGNESE	ACHARI CHICKEN TIKKA MASALA
PLAIN RICE	PLAIN RICE	PLAIN RICE	PLAIN RICE	PLAIN RICE	PLAIN RICE	PLAIN RICE
PAPAD /BREAD ROLL / PICKLE/CURD / SEASONAL FRUIT						
SWISS FRUIT INDULGENCE	LADOO	BANANA BUTTERSCOTCH SUNDAE	WHITE FOREST PASTRY	ICE CREAM	MUD CAKE	JALEBI
PLAIN MILK	HOT CHOCOLATE	PLAIN MILK	HOT CHOCOLATE	PLAIN MILK	HOT CHOCOLATE	PLAIN MILK

WEEK 3 COMMON MENU FOR THE YEAR 2017 - 2018

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	BOOST	HOT CHOCOLATE	BOOST	HOT CHOCOLATE	BOOST	HOT CHOCOLATE	BOOST
	TEA / COFFEE						
	CORN FLAKES	PORRIDGE	CORN FLAKES	PORRIDGE	CORN FLAKES	PORRIDGE	CORN FLAKES
	WHITE BREAD TOAST						
	BUTTER / JAM						
	FRIED EGG	EGG BHURJI	OMELETTE	ONION EGG BHURJI	AKOORI PARATHA	FRIED EGG	ONION FRIED EGG
	IDLY / WADA	AMERICAN PANCAKE	POORI	UTTAPAM		IDLY / BONDA	MASALA DOSA
	SAMBAR / CHUTNEY	SEMIYA BATH	ALOO BHAJI	SAMBAR / CHUTNEY	KURMA	SAMBAR / CHUTNEY	SAMBAR / CHUTNEY
	BANANA	PAPAYA	BANANA	PAPAYA	BANANA	PAPAYA	BANANA
	LEMON	MANGO	LEMON	LITCHI	LEMON	GRAPES	ICE TEA
M.S	BISCUITS						
	COFFEE						
LUNCH	HERB SCENTED TOMATO SOUP	CREAM OF ZUCCHINI CUCUMBER KOSUMBARI	MANCHOW SOUP	HOT & SOUR SOUP	SWEET CORN SOUP	POTATO LEEKS SOUP	TOMATO SOUP WITH CROUTONS
	GREEN SALAD		SPROUT SALAD	BEETROOT SALAD	CUCUMBER LEMON VINAIGRETTE	GREEN SALAD	ITALIAN PASTA SALAD
	CHAPATTI	CHAPATI	CHAPATI	CHAPATI	CHAPATI	ALOO PARATHA	METHI THEPLA
	PASTA MARGHERITA	ROASTED POTATOES	HONKONG VEG NOODLES	PASTA IN SPINACH SAUCE	POTATO PEAS CUTLET	BAKED CHEESY VEGETABLES	TEMPURA VEGGIES TOSSED IN SPICED GARLIC SAUCE
	BAKED VEG IN INDIANA SAUCE	BAKED VEG CASSEROLE	INDONESIAN VEGETABLE CURRY	GRATIN VEGETABLE	GARLIC SAUTED VEGETABLE	CURD	RAITHA
	NAWABI VEG HANDI	PANEER MAKHANI MSALEDAR	NOORJEHANI KOFTA CURRY	LOBIA AUR BAINGAN CURRY	ALOO GOBI KA KASIYATH	BAWARCHI KA PANEER PUDINA	MIRCHI KA SALAN
	DAL TADKA	SAMBAR	DAL TRIVENI	DAL DHANSAK	SUKHA DAL / RASAM	GREEN MOONG DAL	MIXED KATHOL
	SOUTH INDIAN PULAO	BROWN RICE	GHEE RICE	METHI PULAO	TOMATO RICE	JEERA RICE	VEG BIRYANI
	PAPAD /BREAD ROLL / PICKLE/CURD / SEASONAL FRUIT						
	ICE CREAM	JELLY	RASGULLA	GULAB JAMUN	CHOCOLATE MARQUISE	MISSISSIPPI MUD CAKE	RASMALAI
E.S	CHEESE PIZZA	CHOCO BANANA MUFFIN	MIX VEG BAJJI	CHOCOCHIP COOKIES	DUTCH COFFEE CAKE SLICE	PANEER BHURJI PUFF	MUSHROOM AND CHEESE ROLL
	TEA						
DINNER	CARROT GINGER SOUP	VEG RUSSIAN BORSCHT SOUP	CREAM OF ASPARAGUS DICED CUCUMBER / MINT CHUTNEY	ROASTED TOMATO SOUP	CABBAGE SOUP	BAMBOO SHOOT SOUP	CREAM OF CELERY
	LACHHA SALAD	BAKED VEG SALAD		GREEN SALAD	ENGLISH STEAMED SALAD	ORIENTAL SALAD	CHEFS SALAD
	PARATHA	CHAPATI	*****	CHAPATI	PARATHA	CHAPATI	CHAPATI
	MUSHROOM VOL AU VENTS	STIR FRY VEGETABLE	VEG BURGER	HERB SCENTED MASHED POTATO	DAUPHINOIS POTATOES	PHILIPPINES STYLE NOODLES	GREEK MOUSSAKA
	***	BIKANER BHEL PURI	***	RASAM	VEG MEXICANA	GARLIC STEAMED VEGGIES GOBI AUR SHIMLA MIRCH KA MASALA	****
	NAVARATHNA KURMA	TINDLY AUR PYAAZ MASALA	LUCKNOWI KA BHENDI MASALA	PUNJAB PANEER PASAND	ALOO PALAK MASALA		MUGHALAI VEG KHORMA
	MASOOR DHAL	COCONUT DAL	PARSI DAL	DHL DHANIYA	DAL	DAL METHI	DAL TRIVENI
	ROASTED BBQ CHICKEN	MUTTON ROGANJOSH	CHICKEN BURGER	ENGLISH STYLE PAN SEARED FISH	MADRAS EGG CURRY	CHICKEN CHUNKS IN HOT AND SOUR SAUCE	CHICKEN AASHIYANA
	PLAIN RICE	PLAIN RICE	PLAIN RICE	PLAIN RICE	PLAIN RICE	PLAIN RICE	PLAIN RICE
	PAPAD /BREAD ROLL / PICKLE/CURD / SEASONAL FRUIT						
CHOCOLATE PROFITEROLES	KULFI	DATES PUDDING/BUTTERSCOTCH SAUCE	BADAMPURI	ICE CREAM	FRIED BANANAS/VANILLA SAUCE	TIRAMISU	
HOT CHOCOLATE	PLAIN MILK	HOT CHOCOLATE	PLAIN MILK	HOT CHOCOLATE	PLAIN MILK	HOT CHOCOLATE	
COFFEE							

WEEK 4 COMMON MENU FOR THE YEAR 2017 - 2018							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	HOT CHOCOLATE	BOOST	HOT CHOCOLATE	BOOST	HOT CHOCOLATE	BOOST	HOT CHOCOLATE
	TEA / COFFEE						
	PORRIDGE	CORN FLAKES	PORRIDGE	CORN FLAKES	PORRIDGE	CORN FLAKES	PORRIDGE
	WHITE BREAD TOAST						
	BUTTER / JAM						
	OMELETTE	FRIED EGG	AKOORI MULTIGRAIN PARATHA	FRIED EGG	MUSHROOM OMELETTE	CHILLI FLAKES FRIED EGG	EGG BURJJI
	POORI	IDLY / WADA		UTTAPAM	IDLY / BONDA	FRENCH TOAST KHARA BATH	MASALA DOSA
	SAGOO	SAMBAR / CHUTNEY	KURMA	SAMBAR / CHUTNEY	SAMBAR / CHUTNEY		SAMBAR / CHUTNEY
	PAPAYA	BANANA	PAPAYA	BANANA	PAPAYA	BANANA	PAPAYA
	LEMON	MANGO	LEMON	LITCHI	LEMON	GRAPES	ICE TEA
M.S	BISCUITS						
	COFFEE						
LUNCH	CLEAR MUSHROOM SOUP	CREAMY VEG SOUP SPROUT SALAD	MULLIGATAWNY SOUP	MEDITERRANEAN TOMATO SOUP	DRUMSTICK SOUP CABBAGE AND CHANNA DHAL SALAD	CREAMY POTATO SOUP	HERB TOMATO SOUP
	GREEN SALAD		MINT TOSSED GREEN SALAD	CORN AND POTATO SALAD		SHREDDED VEG SALAD	THAI CUCUMBER SALAD
	CHAPATI	CHAPATI	CHAPATI	CHAPATI	CHAPATI	ALOO PARATHA	PARATHA
	PASTA ALFREDO	GARLIC AND ROOT VEGETABLES GRATIN HERB SCENTED GRILLED VEGGIES	RATATOUILLE NICOISE	ITALIAN PASTA	VEG PROVENCE	KUNGPAO VEG	MIXED VEG MANCHURIAN
	TEPAN VEGETABLES		LYONNAISE POTATO	GINGER GARLIC VEGGIES	***	CURD	***
	NIZAMI VEG HANDI	KADI PAKODI	VEGETABLE DHANSAK	KADAI ALOO GOBI	VEGETABLE JHALFREZI	PANEER BUTTER MASALA	KOFTA MAKHANWALA
	SAMBAR	DHAL AMARANTH	DAL AMTI	BLACK DAL	DAL MAHARANI	DHAL PANCHRATNA	MASOOR DAL FRY
	LEMON RICE	ZAFFRANI PULAO	JEERA RICE	PEAS PULAO	NASI GORENG	CURD RICE	CHINESE FRIED RICE
	PAPAD /BREAD ROLL / PICKLE/CURD / SEASONAL FRUIT						
	BROWNIE CHOCOLATE CINNAMON ROLL	ICE CREAM	JELLY CHEESE CAKE	RASMALAI	FRUIT CUSTARD	COCONUT BURFI	GERMAN CHOCOLATE CAKE
	NUTTY BANANA CAKE SLICE	VEG PAKODA	CHEESE PIZZA	OATS AND RAISIN COOKIES	SUNSHINE CAKE SLICE	NIPAT	
E.S	TEA						
	CLEAR VEG BROTH	FRENCH ONION SOUP	MINISTRONE SOUP SUMMER SALAD/ORANGE VINAIGRETTE	CHINESE NOODLE SOUP	TOMATO SOUP	CREAM OF PUMPKIN	VEG BARLEY SOUP
	TAWA FRIED VEG SALAD	NOODLE SALAD		PAPDI CHAT SALAD	FINGER SALAD	GREEK SALAD	CEASAR SALAD/CROUTONS
	CHAPATI	PARATHA	CHAPATI	CHAPATI	BOONDI RAITHA	CHAPATI	CHAPATHI POTATO CORN AND CHEESE CROQUETTES
	PANEER AND VEG CUTLET BAKED VEGGIES IN PESTO SAUCE	MUSHROOM STROGANOFF	*****	MIX VEG IN TERIYAKI SAUCE	PARSLEY POTATOES	THREE BEAN CUTLET	
		VEG CASSEROLE	THAI VEG CURRY NAWABI VEGETABLE SURPRISE	BEANS AND ALOO CUTLET	VEG DUM BIRYANI	KOREAN VEG NOODLES	HUNAN VEG
	VEG KHOLAPURI	TAWA PANEER MASALA		PANEER NARGISI	MIRCHI KA SALAN	VEG SAAGWALA	CHANNA & DHINGRI MASALA
	DHAL ADRAKI	DHAL	GUJARATHI DHAL	MOONG DAL TADKA	SIMPLE DAL	RASAM	TOORDAL TADKEWALI
	GRILLED CHICKEN IN MUSHROOM SAUCE	FISH TIKKA MASALA	AMERICAN FRIED CHICKEN	MURGH KALIMIRCHI	AMBUR CHICKEN DUM BIRYANI	EGG MAKHANI	DOGRI CHICKEN MASALA
	PAPAD /BREAD ROLL / PICKLE/CURD / SEASONAL FRUIT						
ANGOORI RABDI	DRY JAMUN	GAJAR KA HALWA	CHOCOLATE SQUARE	ICE CREAM	BREAD N BUTTER PUDDING	MALAI CHUM CHUM	
PLAIN MILK	HOT CHOCOLATE	PLAIN MILK	HOT CHOCOLATE	PLAIN MILK	HOT CHOCOLATE	PLAIN MILK	
COFFEE							

PEANUTS

EGGS

ALL KINDS OF NUTS

GELATINE

HIGH FAT

GELATINE AND EGGS

