

WEEK 1 COMMON MENU FOR THE YEAR 2016 - 2017

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	BOOST	HOT CHOCOLATE	BOOST	HOT CHOCOLATE	BOOST	HOT CHOCOLATE	BOOST
	TEA / COFFEE						
	CORN FLAKES	PORRIDGE	CORN FLAKES	PORRIDGE	CORN FLAKES	PORRIDGE	CORN FLAKES
	WHITE BREAD / TOAST						
	BUTTER / JAM						
	MASALA OMELETTE	BOILED EGG	EGG BHURJI	FRIED EGG	BOILED EGG	AKOORI	OMELETTE
	IDLY / BONDA	POORI	METHI WHEAT PARATHA	MASALA UTTAPAM	IDLY / VADA	AMERICAN PANCAKE	MASALA DOSA
	SAMBAR / CHUTNEY	ALOO BHAJI	KURMA	SAMBAR / CHUTNEY	SAMBAR / CHUTNEY	SEMIYA BHAT	SAMBAR / CHUTNEY
	BANANA	PAPAYA	BANANA	PAPAYA	BANANA	TOMATO CHUTNEY	BANANA
	LEMON	MANGO	LEMON	LITCHI	LEMON	GRAPES	ICE TEA
M.S	BISCUITS						
	COFFEE						
	VEGETABLE CORN BROTH	TOMATO BASIL SOUP BEAN SPROUT SALAD	HOT & SOUR SOUP	CREAM OF VEG	MANCHOW SOUP	ROASTED PUMPKIN SOUP	MINSTRONE SOUP
GREEN SALAD		CUCUMBER SALAD	VEG COLESLAW	TOSSED SALAD	CARROT KOSUMBARI	CHEF CHOICE SALAD	
CHAPATI	CHAPATI	CHAPATI	CHAPATI	CHAPATI	ALOO PARATHA	POORI	
THAI NOODLES	BAKED CORN SPINACH	PASTA IN TOMATO SAUCE	POTATO CROQUETTES	SZECHUAN VEGETABLE	VEG NEAPOLITAN	VEG TOSSED PASTA	
SWEET & SOUR VEG	RATATOUILLE	GRILLED VEGETABLE	BAKED VEGETABLE	CAPSICUM & MUSHROOM FRIED RICE	***	***	
PESHAWARI CHANNA MASALA	PANEER HANDI	MILLI JULLI SUBJI	RAW BANANA KOOTU	VEG KOFTA CURRY	MAKHMALLI PANEER	WHITE MUTTER CURRY	
JEERA PULAO	LEMON RICE	BROWN ONION PULAO	TOMATO RICE	CHANNA DAL FRY	GHEE RICE	PLAIN RICE	
DAL TADKA	SAMBAR	MASOOR DAL FRY	BLACK DAL	RASAM	DAL TRIVENI	COCONUT DAL	
PAPAD / BREAD ROLL / PICKLE/CURD / SEASONAL FRUIT							
GULAB JAMUN	JELLY	BROWNIE	ICE CREAM	BADUSHA	RICE KHEER	LEMON YOGHURT MOUSSE	
E.S	CINNAMON DOUGHNUT	CROISSANT	ONION PAKODA	VEG MASALA BUN	FRUIT MUFFIN	CHEESE PIZZA (SQUARE)	MADDUR VADA
	TEA						
DINNER	CARROT & CORIANDER SOUP	LEEK SOUP	TOMATO SHORBA	CITRUS CORIANDER SOUP	CREAM OF DUBARRY	DAL SHORBA	MUSHROOM CHINESE BROTH
	JULLIENNE SALAD	CLOCK SALAD	GREEN SALAD	GREEK SALAD	ITALIAN PASTA SALAD	ONION SALAD	KIMCHI SALAD
	CHAPATI	CHAPATI	***	CHAPATI	CHAPATI	BUTTER PAV	***
	GARLIC SAUTE VEGETABLE	RED THAI CURRY	ROAST POTATOES WEDGES	CAJUN SPICED VEGETABLE	AMERICAN CHOP SUEY	CASHEW VEGETABLE	PEPPER IN SWEET CHILLY SAUCE
	***	RASAM	VEG BIRYANI	TARTAR SAUCE	***	***	VEG JAIPURI
	ALOO MUTTER MASALA	GOBI TAMATER	MIRCHI KA SALAN	MAKAI ,KHUMB AUR MIRCH	MIX VEG KOLHAPURI	PAV BHAJI	VEG FRIED RICE
	MOONG DAL FRY	GREEN MOONG DAL TADKA	DAL LASOONI	DAL METHI / RASAM	JEERA DAL	DAL AMARANTH	BUTTER DAL FRY
	FRIED CHICKEN	BUTTER CHICKEN MASALA	CHICKEN BIRYANI	CRUMBED FRIED FISH	KERALA CHICKEN CURRY	LASOONI EGG CURRY	CHICKEN FRIED RICE
	PLAIN RICE	PLAIN RICE	PLAIN RICE	PLAIN RICE	PLAIN RICE	PLAIN RICE	PLAIN RICE
	PAPAD / BREAD ROLL / PICKLE/CURD / SEASONAL FRUIT						
	PINEAPPLE PASTRY	CARROT HALWA	JALEBI	CHOCO MOUSSE CAKE	CREAM CARAMEL	ICE CREAM	BLACKFOREST CAKE
	HOT CHOCOLATE	PLAIN MILK	HOT CHOCOLATE	PLAIN MILK	HOT CHOCOLATE	PLAIN MILK	HOT CHOCOLATE
COFFEE							

WEEK 2 COMMON MENU FOR THE YEAR 2016 - 2017

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	HOT CHOCOLATE	BOOST	HOT CHOCOLATE	BOOST	HOT CHOCOLATE	BOOST	HOT CHOCOLATE
	TEA / COFFEE						
	PORRIDGE	CORN FLAKES	PORRIDGE	CORN FLAKES	PORRIDGE	CORN FLAKES	PORRIDGE
	MULTI GRAIN BREAD / TOAST						
	BUTTER / JAM						
	EGG BHURJI	BOILED EGG	FRIED EGG	MASALA OMELETTE	AKOORI	BOILED EGG	VEG OMELETTE
	PALAK PARATHA	IDLY / VADA	POORI	UTTAPAM	FRENCH TOAST	IDLY / BONDA	MASALA DOSA
	BLACK CHANNA KURMA	SAMBAR / CHUTNEY	SAGOO	SAMBAR / CHUTNEY	KHARA BATH	SAMBAR / CHUTNEY	SAMBAR / CHUTNEY
	PAPAYA	BANANA	PAPAYA	BANANA	PAPAYA	BANANA	PAPAYA
	LEMON	MANGO	LEMON	LITCHI	LEMON	GRAPES	ICE TEA
M.S	BISCUITS						
	COFFEE						
LUNCH	TOMATO & MUSHROOM SOUP	VEG NOODLES SOUP	MADRAS CURRY SOUP	CREAM OF SPINACH	CREAMY CARROT SOUP	VEG BARLEY SOUP	MINT SHORBA
	GREEN SALAD	THREE BEAN SALAD	KOSUMBARI	CORN & POTATO SALAD	DICED SALAD	GREEN SALAD	THAI NOODLES SALAD
	CHAPATI	CHAPATI	CHAPATI	CHAPATI	CHAPATI	ALOO PARATHA	MASALA CHAPATI
	VEG & CORN CUTLET	PASTA IN INDIAN STYLE	ROASTED POTATO FINGERS	VEG HAKKA NOODLES	PASTA ARRABBIATA	THAI STIR FRY VEGETABLE	VEG IN TERIYAKI SAUCE
	CHEESY VEGETABLE	HERB SCENTED VEGGIES	CREAMY VEG AUGRATINE	SWEET & SOUR VEGETABLE	GRILLED VEGETABLE	CURD	GOBI MANCHURIAN
	PANEER LAJAWAB	GUJARATHI KOFTA CURRY	KABULI CHANNA MASALA	VEG MAKHANWALA	ALOO MUTTER TAMATER	VEG DIWANI HANDI	CHATKEDAR PANEER MASALA
	SAMBAR	DAL MAKHANI	SAMBAR	GREEN MOONG DAL	DAL TADKA / RASAM	DAL LASOONI	DAL PANCHMEL
	COCONUT RICE	JEERA RICE	LEMON RICE	NARIYAL DOODH PULAO	PULIYODHARAI	METHI PULAO	TAWA PULAO
	PAPAD / BREAD ROLL / PICKLE/CURD / SEASONAL FRUIT						
	ICE CREAM	MYSORE PAK	COLUMBIAN COFFEE CAKE	RASMALAI	SANDESH	DRY JAMUN	BANANA FOSTERS/V.SAUCE
E.S	BANANA CAKE SLICE	DANISH PASTRY	ALOO BONDA	VEG PUFF	CHOCO DOUGHNUT	CINNAMON ROLL	MANGALORE BAJJI
	TEA						
DINNER	CRISPY RICE SOUP	MINISTRONE SOUP	PURIED VEG SOUP	TOM YUM SOUP	DAHI SHORBA	HOT AND SOUR SOUP	OATS CHOW SOUP
	GRILLED VEGETABLE SALAD	RUSSIAN VEGETABLE SALAD	DICED CUCUMBER / MINT CHUTNEY	MIX GREENS	KACHUMBER SALAD	HUMMUS	ONION SALAD
	CHAPATI	CHAPATI	CHAPATI	CHAPATI	SZECHUAN VEGETABLE	BUTTER GARLIC BREAD	BHATURA
	HONEY TOSSED VEGETABLE	GOBI CHILLY	PESTO TOSSED VEGETABLE	EXOTIC VEGETABLE QUICHE	LASOONI RAITA	VEG JHALFREZI	VEG LASAGNE
	AMERICAN POTATO WEDGES	PINEAPPLE RASAM	***	RATATOUILLE	MIRCHI KA SALAN	SPAGHETTI	CHICKPEAS MASALA
	LAUKI CHANNA MASALA	KADAI VEGETABLE	PANEER TIKKA MASALA	HARI MAKAI	VEG BIRYANI	NEAPOLITAN SAUCE	***
	DAL	CHANNA DAL FRY	PARSI DAL	GINGER DAL	DAL FRY	MUSTARD FRY DAL	DAL TADKA
	TANDOORI CHICKEN KA KHASIYAT	KONKAN FISH CURRY	ROASTED CHICKEN IN BBQ SAUCE	CHICKEN COORGI	SINDHI MUTTON BIRYANI	CHICKEN BOLOGNESE	GOAN COCONUT CHICKEN CURRY
	PLAIN RICE	PLAIN RICE	PLAIN RICE	PLAIN RICE	PLAIN RICE	PLAIN RICE	PLAIN RICE
	PAPAD / BREAD ROLL / PICKLE/CURD / SEASONAL FRUIT						
FRUIT TARTLET	PUMPKIN HALWA	STEAMED SPONGE PUDDING	NOUGAT PASTRY	ICE CREAM	MUD CAKE	KAJUKATLI	
PLAIN MILK	HOT CHOCOLATE	PLAIN MILK	HOT CHOCOLATE	PLAIN MILK	HOT CHOCOLATE	PLAIN MILK	
COFFEE							

WEEK 3 COMMON MENU FOR THE YEAR 2016 - 2017

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	MONDAY BOOST	TUESDAY HOT CHOCOLATE	WEDNESDAY BOOST	THURSDAY HOT CHOCOLATE	FRIDAY BOOST	SATURDAY HOT CHOCOLATE	SUNDAY BOOST
	TEA / COFFEE						
	CORN FLAKES	PORRIDGE	CORN FLAKES	PORRIDGE	CORN FLAKES	PORRIDGE	CORN FLAKES
	WHITE BREAD TOAST						
	BUTTER / JAM						
	FRIED EGG	EGG BHURJI	OMELETTE	BOILED EGG	AKOORI	FRIED EGG	ONION FRIED EGG
	IDLY / VADA	AMERICAN PANCAKE	POORI	UTTAPAM	PARATHA	IDLY / BONDA	MASALA DOSA
	SAMBAR / CHUTNEY	SEMIYA BATH	ALOO BHAJI	SAMBAR / CHUTNEY	KURMA	SAMBAR / CHUTNEY	SAMBAR / CHUTNEY
	BANANA	TOMATO CHUTNEY	BANANA	PAPAYA	BANANA	PAPAYA	BANANA
	LEMON	MANGO	LEMON	LITCHI	LEMON	GRAPES	ICE TEA
M.S	BISCUITS						
	COFFEE						
	HERB SCENTED TOMATO SOUP	THAI VEG SOUP CUCUMBER KOSUMBARI	SPINACH AND MUSHROOM SOUP	HOT & SOUR SOUP	SWEET CORN SOUP	POTATO LEEKS SOUP	TOMATO SOUP WITH CROUTONS
GREEN SALAD		SPROUT SALAD	BEETROOT SALAD	CUCUMBER LEMON VINAIGRETTE	GREEN SALAD	AMERICAN PASTA SALAD	
CHAPATI	CHAPATI	CHAPATI	CHAPATI	CHAPATI	ALOO PARATHA	RAGDA PATTIES	
PASTA IN TOMATO SAUCE	TEPPAN VEGETABLE	INDONESIAN SAMBAL NOODLES	PASTA IN SPINACH SAUCE	POTATO PEAS CUTLET	BAKED FLORENTINE	FRENCH FRIES	
BAKED VEG IN INDIANA SAUCE	BAKED CAULIFLOWER	INDONESIAN VEGETABLE CURRY	GRATIN VEGETABLE	GARLIC SAUTE VEGETABLE	CURD	***	
ALOO GOBI MUTTER	METHI CHAMAN PANEER	NOORJEHANI VEG SURPRISE	CHAWALI SUBJI	VEG KOLHAPURI	LAUKI MIRCHI KA SALAN	TAWA VEGETABLE	
DAL TADKA	SAMBAR	DHABA DAL	DAL DHANSAK	SUKHA DAL / RASAM	GREEN MOONG DAL	DAL TADKA	
KASHMIRI PULAO	BROWN RICE	GHEE RICE	SOUTH INDIAN PULAO	TOMATO RICE	VEG BIRYANI	CURD RICE	
PAPAD / BREAD ROLL / PICKLE / CURD / SEASONAL FRUIT							
ICE CREAM	GULAB JAMUN	RASGULLA	JELLY	MISSISSIPPI MUD CAKE	FRUIT CUSTARD	DUET OF CHOCO MOUSSE	
E.S	CHEESE PIZZA	CHOCOCHIP BANANA MUFFIN	MIX VEG BAJJI	SHORTCRUST COOKIES	MOCCA MUFFIN	SOYA MASALA PUFF	DILKUSH
	TEA						
DINNER	DAL PUDINA SHORBA	GREEN MOONG SHORBA	MOROCCAN SOUP	BLACK BEANS SOUP	CABBAGE SOUP	BAMBOO SHOOT SOUP	JULIENNE OF VEG SOUP
	LACHHA SALAD	BAKED VEG SALAD	COUNTRY STYLE SALAD	GREEN SALAD	BAHARI SALAD	ORIENTAL SALAD	KACHUMBAR
	CHAPATI	CHAPATI	CHAPATI	CHAPATI	CHAPATI	***	PARATHA
	MUSHROOM VOL AU VENTS	STIR FRY VEGETABLE	TEMPURA VEGETABLE	MASHED POTATO	VEG STROGANOFF	SINGAPORE NOODLES	GREEK MOUSSAKA
	***	BIKANER BHEL PURI	VEG STEW	PINEAPPLE RASAM	VEG MEXICANA	SWEET & SOUR VEGETABLE	****
	CABBAGE KOFTA CURRY	RIDGE GOURD KOOTU	HYDRABADI VEG	PATIALA PANEER PASAND	DUM GOBI MASALA	BEANS AND CARROT CURRY	MUGHALAI VEG KHORMA
	CHATPATA CHANNA DAL	COCONUT DAL	MUSTARD DAL	TOOR DAL TADKAWALI	DAL	DAL DHANIYA	CHANNA TRIVENI
	GRILLED MOROCCAN CHICKEN	SEYAL GHOST	MURG LAJAWAB	THAI GRILLED FISH	JEERA BUTTER EGG MASALA	CHICKEN BALLS IN CHINESE SAUCE	CHICKEN KADAI
	PLAIN RICE	PLAIN RICE	PLAIN RICE	PLAIN RICE	PLAIN RICE	PLAIN RICE	PLAIN RICE
	PAPAD / BREAD ROLL / PICKLE / CURD / SEASONAL FRUIT						
APPLE PIE	DOODHPEDA	HONEY CAKE	BADAMPURI	ICE CREAM	CHAMPAKALI	BESAN LADOO	
HOT CHOCOLATE	PLAIN MILK	HOT CHOCOLATE	PLAIN MILK	HOT CHOCOLATE	PLAIN MILK	HOT CHOCOLATE	
COFFEE							

WEEK 4 COMMON MENU FOR THE YEAR 2016 - 2017

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST		HOT CHOCOLATE	BOOST	HOT CHOCOLATE	BOOST	HOT CHOCOLATE	BOOST	HOT CHOCOLATE
		TEA / COFFEE						
		PORRIDGE	CORN FLAKES	PORRIDGE	CORN FLAKES	PORRIDGE	CORN FLAKES	PORRIDGE
		BROWN BREAD TOAST						
		BUTTER / JAM						
		OMELETTE	FRIED EGG	AKOORI	BOILED EGG	MUSHROOM OMELETTE	CHILLI FLAKES FRIED EGG	EGG BURJI
		POORI	IDLY / VADA	MULTIGRAIN PARATHA	UTTAPAM	IDLY / BONDA	FRENCH TOAST	MASALA DOSA
		SAGOO	SAMBAR / CHUTNEY	KURMA	SAMBAR / CHUTNEY	SAMBAR / CHUTNEY	KHARA BATH / CHUTNEY	SAMBAR / CHUTNEY
		PAPAYA	BANANA	PAPAYA	BANANA	PAPAYA	BANANA	PAPAYA
		LEMON	MANGO	LEMON	LITCHI	LEMON	GRAPES	ICE TEA
M.S		BISCUITS						
		COFFEE						
LUNCH		CLEAR MUSHROOM SOUP	HERB SCENTED VEG SOUP	TOMATO SOUP	THENGAPAL SOUP	DRUMSTICK SOUP	CREAMY POTATO SOUP	TOMATO SOUP/CROUTONS
		GREEN SALAD	SPROUT SUNDAL	MINT TOSSED GREEN SALAD	CORN AND POTATO SALAD	BLACK BEAN SALAD	SHREDDED ONION SALAD	THAI CUCUMBER SALAD
		CHAPATI	CHAPATI	CHAPATI	CHAPATI	CHAPATI	ALOO PARATHA	BATURA
		PAN ASIAN VEG NOODLES	GRATIN CAULIFLOWER IN CHEESY SAUC	RATATOUILLE NICOISE	GREEK PASTA	ANHUI VEGETABLES	FLAMED ENGLISH VEGETABLE	ITALIAN BAKED VEGGIES
		TEPPAN VEGETABLES	THAI STIR FRIED VEGETABLES	LYONNAISE POTATO	GINGER GARLIC VEGGIES	***	CURD	***
		NIZAMI VEG HANDI	KADI PAKODI	VEGETABLE DHANSAK	PALAK/PANEER/SUBZI KA BHANDAR	ALOO MUTTER SOYA WADI	PANEER BUTTER MASALA	CHOLE MASALA
		SAMBAR	DAL AMARANTH	DAL AMTI	BLACK DAL	DHABA DAL	DHULI URAD DAL	MASOOR DAL FRY
		LEMON RICE	ZAFRANI PULAO	KABULI PULAO	GAJAR AUR MUTTER PULAO	NASI GORENG	THAYIR SADAM (CURD RICE)	ALLAHABAD KA TEHRI
		PAPAD / BREAD ROLL / PICKLE/CURD / SEASONAL FRUIT						
		BROWNIE	ICE CREAM	JELLY CHEESE CAKE	RASMALAI	FRUIT CUSTARD	COCONUT BURFI	GERMAN CHOCOLATE CAKE
E.S		PINEAPPLE MUFFIN	MILK TEA CAKE	VEG PAKODA	BELLPEPPER/ONION PIZZA	SALT COOKIES	SUNSHINE CAKE SLICE	NIPAT
		TEA						
DINNER		CLEAR GARLIC SOUP	TAMARIND SOUP	DHAL PALAK SHORBA	CHINESE NOODLE SOUP	VEGETABLE BROTH	CREAM OF PUMPKIN	MANCHOW SOUP
		TAWA FRIED VEG SALAD	NOODLE SALAD	TOMATO AND CUCUMBER	PAPDI CHAT SALAD	GREEN SALAD	GREEK SALAD	CHEFS CHOICE SALAD
		CHAPATI	CHAPATI	CHAPATI	CHAPATI	BOONDI RAITHA	CHAPATI	CHAPATI
		PANEER AND VEG CUTLET	BUTTER TOSSED VEGETABLES	VEG JAMBALAYA	MIX VEG IN TERIYAKI SAUCE	HERB TOSSED VEGGIES	CANTONESE STYLE VEGGIES	VEG CORN JETS
		BAKED VEGGIES IN PESTO SAUCE	***	KIDNEY BEANS CUTLET	THAI VEG CURRY	VEG DUM BIRYANI	KOREAN VEG NOODLES	HUNAN VEG
		GOAN VEG XACUTI	PANEER STUFFED CAPSICUM CURRY	ALOO PETHE KA SAAG	CABBAGE PORIYAL	MIRCHI KA SALAN	VEG SAAGWALA	KOOTU
		DAL ADRAKI	DAL	GUJARATHI DAL	MOONG DAL TADKA	SIMPLE DAL	RASAM / DAL TADKA	TOORDAL TADKAWALI
		SRI LANKAN CHICKEN CURRY	INDONESIAN FISH CURRY	CHICKEN MASTKALANDAR	MUTTON ROGANJOSH	AMBUR CHICKEN DUM BIRYANI	MALABAR EGG CURRY	DOGRI CHICKEN MASALA
		PAPAD / BREAD ROLL / PICKLE/CURD / SEASONAL FRUIT						
		ANGOORI RABDI	BASBOOSA	GAJAR KA HALWA	CHOCOLATE TRESLECHE	ICE CREAM	BREAD N BUTTER PUDDING	SHAHI TUKDA
	PLAIN MILK	HOT CHOCOLATE	PLAIN MILK	HOT CHOCOLATE	PLAIN MILK	HOT CHOCOLATE	PLAIN MILK	
	COFFEE							

PEANUTS

EGG

ALL KINDS OF NUTS

GELATINE

HIGH FAT

GELATINE AND EGG