

Karnataka Rugby Association Visit



On Monday the 24th of March we had the Karnataka Rugby Association come to TISB to run a rugby Training session for the school. We had a great turn out from across the grades. In the session we started with basic skills of passing the ball. We then moved onto teamwork games provoking team work and communication to achieve the objective. Finally we finished with a fun game of Tag rugby, this is where you wear Velcro belt with two strips of fabric attached to it and to make a tackle you have to pull one of these strips off the ball carrier.

All had a great time and I would like to thank the Karnataka Rugby Association for coming in and running a great session and I hope that this will become a regular event for next academic year.