

# GOLDEN HOUR GUIDELINES



**THE INTERNATIONAL SCHOOL BANGALORE (TISB)**  
A registered member of HMC, BSA & TAISI

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- Students and teachers are expected to be in their respective classes/designated rooms at 5:45 p.m.
- The time from 5:45 to 5:55 p.m. should be used as a preparatory time. Please do not permit free for all discussions/chatting during this time. It is best that students use this time to prepare themselves for the Golden hour. To ensure this there must be silence in the class during this period and students must be seated in their places.
- At 5:55 p.m. there must be absolute silence in the class. No discussions to be permitted.
- Students must not bring in with them any electronic device (laptop, iPad, kindly etc). Calculators are permitted.
- Students should be discouraged from reading recreational material like newspapers, magazines, comic books, graphic novels etc during the Golden Hour. This can be done in the Second Prep.
- No food is permitted in the classrooms. Students can bring in water and may be permitted to drink water.
- Please do not permit students to use the toilets during Golden Hour unless you feel that it is an absolute emergency.
- There may be times when students request to go to the MC, please use your discretion in these matters. If you feel that there is a genuine medical issue, then call up the MC and send the child there. If on the other hand you feel that the matter can wait, then ask the child to wait till Golden Hour ends.
- Please ensure that the students maintain the rigour and discipline of Golden Hour right up to 7:10 pm.
- Do not release children from your class before 7:10 pm. Please ensure that lights and fans are switched off in your classroom before you leave. It is best that the teacher is the last one to leave at the end of the session.
- Ensure that you take attendance in your class. If there is child missing, then please get in touch with the supervisor of the day immediately (please do not leave your class unattended in the process of doing so).
- If we are able to uniformly follow the above guidelines we shall be able to inculcate some very valuable like skills and discipline in our boarders.