

WEEK 1 COMMON MENU FOR THE YEAR 2018 - 2019

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	BOOST	HOT CHOCOLATE	BOURNVITA	HOT CHOCOLATE	BOOST	HOT CHOCOLATE	BOURNVITA
	TEA / COFFEE						
	CORN FLAKES	OATS PORRIDGE	CORN FLAKES	RICE PORRIDGE (CONGEE)	CORN FLAKES	OATS PORRIDGE	CORN FLAKES
	WHITE BREAD / TOAST						
	BUTTER / JAM						
	MASALA OMELETTE	SCRAMBLED EGG	EGG BHURJI	FRIED EGG	BOILED EGG	AKOORI	OMELETTE
	****	BAKED BEANS	*****	*****	****	****	*****
	IDLY / MEDU VADA	POORI	KERALA PARATHA	AMERICAN PAN CAKE	UTTHAPAM	IDLY/BONDA	MASALA DOSA
	SAMBAR / CHUTNEY	ALOO BHAJI	VEG KURMA	SEMIYA UPMA/CHUTNEY	SAMBAR/CHUTNEY	SAMBAR/CHUTNEY	SAMBAR / CHUTNEY
	BANANA	PAPAYA	BANANA	PAPAYA	BANANA	PAPAYA	BANANA
M.S	GINGER LEMON JUICE	LITICHI JUICE	MINT LEMON JUICE	ICED TEA	SWEET N SALT LEMON JUICE	ICED TEA	MANGO JUICE
	BISCUITS						
	COFFEE						
	MIX VEG BISQUE	MANCHOW SOUP	SWEET CORN SOUP	HAWAIIAN SOUP	ROASTED ONION SOUP	VEGETABLE SOUP	MINISTRONE SOUP
	GREEN SALAD	SPROUTS SALAD	CHANNA DHAL AND CARROT KOSUMBARI	VEG KACHUMBER SALAD	GREEN SALAD	CUCUMBER KOSUMBARI	HUMMUS
	CHAPATI	MULTIGRAIN CHAPATI	CHAPATI	MULTIGRAIN CHAPATI	CHAPATI	ALOO PARATHA	MULTI GRAIN GARLIC TOAST
	PASTA IN TOMATO SAUCE	ITALIAN CHEESY VEG GRATIN	THAI VEG NOODLES	THREE BEAN CUTLET	WHOLE WHEAT PASTA / WHITE SAUCE	CORN MUSHROOM SPINACH AU GRATIN	FALAFEL SANDWICH
	TAVA GRILLED VEGGIES	TOSSED KIDNEYBEANS AND VEGGIES	BAKED ROOT VEGETABLES	RATATOUILLE	MIX VEG PORIYAL	***	***
	HYDERABADI VEG CURRY	LAJAWAB PANEER MASALA	SUBZI SALONI	LOBIA CURRY	BAWARCHI KI SUBZI MASALA	METHI CHAMAN PANEER	VEG PORIYAL
	METHI PULAO	LEMON RICE	JEERA RICE	TOMATO RICE	COCONUT PULAO	GHEE RICE	PLAIN RICE
LUNCH	DAL TADKA	SAMBAR	MASOOR DAL FRY	SAMBAR	GREEN MOONG DAL / RASAM	DAL PANCHRATNA	DAL FRY
	PAPAD /BREAD ROLL / PICKLE/CURD / SEASONAL FRUIT						
	DRY JAMUN	CHOCOLATE HAZELNUT CHEESE CAKE	RASMALAI	ICE CREAM	BADAMPURI	GULAB JAMUN	FRUIT TRIFLE
	****	BANANA	***	BANANA	****	BANANA	
	CHEESE PIZZA	HONEY OATS COOKIES	SPINACH AND RAJMA VADA	CINNAMON DOUGHNUT	FRUIT MUFFINS	CHEESE STRAWS	DILKUSH
	TEA						
	CREAM OF TOMATO	LEEK SOUP		CREAM OF POTATO	CREAM OF BROCCOLI	CITRUS CORRIANDER SOUP	CREAM OF SQUASH
	CORN AND POTATO SALAD	GRILLED VEG SALAD		CUCUMBER SALAD	ASIAN NOODLE SALAD	ONION SALAD	VEG SALAD IN LEMON VINAIGRETTE
	PARATHA	CHAPATI	CHEFS SPECIAL MENU	PARATHA	****	BUTTER PAV	CHAPATI
	ENGLISH VEG CASSEROLE	INDONESIAN VEG CURRY		GARLIC SAUTE VEGETABLE	RED THAI CURRY	VEGGIES IN HOT GARLIC SAUCE	DRY PASTA
MUSHROOM VOLAUVENTS	STEAMED VEGETABLES		*****	VEG BIRYANI	***	VEG PASTA SAUCE	
GOBI AUR SHIMLA MIRCH MASALA	DUM ALOO MASELADAR		PANEER BUTTER MASALA	MIRCHI KA SALAN	PAV BHAJI	MIX VEG CURRY	
MOONG DAL FRY	PUNJABI DAL TADKA		DAL TAMATAR/RASAM	DAL	DAL AMARNATH	BUTTER DAL FRY	
BUTTER CHICKEN MASALA	GOAN EGG CURRY		FRIED FISH/TARTAR SAUCE	CHICKEN BIRYANI	MINCED CHICKEN IN INDIAN SYTLE	CHICKEN PASTA SAUCE	
DINNER	PLAIN RICE	PLAIN RICE		PLAIN RICE	PLAIN RICE	PLAIN RICE	PLAIN RICE
	PAPAD /BREAD ROLL / PICKLE/CURD / SEASONAL FRUIT						
	JAGGERY DOODH PEDA	NOUGHAT PASTRY		DATES PUDDING/VANILLA SAUCE	RICE CHANNA JAGGERY KHEER	ICE CREAM	MYSORE PAK
	HOT CHOCOLATE	PLAIN MILK		PLAIN MILK	HOT CHOCOLATE	PLAIN MILK	HOT CHOCOLATE
	COFFEE						

WEEK 2 COMMON MENU FOR THE YEAR 2018-- 2019

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	HOT CHOCOLATE	BOOST	HOT CHOCOLATE	BOURNVITA	HOT CHOCOLATE	BOOST	HOT CHOCOLATE
	TEA / COFFEE						
	OATS PORRIDGE	CORN FLAKES	OATS PORRIDGE	CORN FLAKES	RICE PORRIDGE (CONGEE)	CORN FLAKES	OATS PORRIDGE
	WHITE BREAD / TOAST						
	BUTTER / JAM						
	EGG BHURJI	BOILED EGG	ONION SCRAMBLED EGG	MASALA OMELETTE	AKOORI	FRIED EGG	VEG OMELETTE
	****	BAKED BEANS	*****	*****	*****	*****	*****
	KERALA PARATHA	IDLY / WADA	POORI	FRENCH TOAST	UTHAPPAM	IDLY / BONDA	MASALA DOSA
	VEG KURMA	SAMBAR / CHUTNEY	SAGOO	KHARA BATH/CHUTNEY	SAMBAR/CHUTNEY	SAMBAR / CHUTNEY	SAMBHAR / CHUTNEY
	PAPAYA	BANANA	PAPAYA	BANANA	PAPAYA	BANANA	PAPAYA
M.S	GINGER LEMON JUICE	LITICHI JUICE	MINT LEMON JUICE	ICED TEA	SWEET N SALT LEMON JUICE	ICED TEA	MANGO JUICE
	BISCUITS						
	COFFEE						
	MEDITERRANEAN TOMATO SOUP	ROASTED SPROUTS SOUP	THAI STYLE VEG SOUP	GARLIC SCENTED VEG SOUP	POTATO AND LEEK SOUP	TOMATO SOUP	MANCHOW SOUP
GREEN SALAD	SHREDDED SALAD	CORN AND CUCUMBER KOSUMBARI	RUSSIAN POTATO SALAD	DICED SALAD	GREEN SALAD	FRIED NOODLE SALAD	
CHAPATI	MULTI GRAIN CHAPATI	CHAPATI	CHAPATI	MULTIGRAIN CHAPATI	ALOO PARATHA	CHAPATI	
POTATO GARBANZO BEANS CUTLET	BAKED POTATOES IN TOMATO SAUCE	*****	WHOLE WHEAT ATTA NOODLES	PASTA IN MUSHROOM SAUCE	SWEET AND SOUR VEGETABLES	CORN AND SPINACH CROQUETTES	
SPAGHETTI IN TOMATO SAUCE	HERBS SCENTED VEGGIES	POTATO CROQUETTES	SWEET & SOUR VEGETABLE	GRATIN VEGGIES	CURD	ROASTED VEG/FETTUCCINE ALFREDO	
KADI PAKODI	KADAI PYAZ GOBI AUR SHIMLA MIRCHI	VEG DIWANI HANDI	PANEER BUTTER MASALA	ALOO METHI MASALA	PANEER LABABDAR	STUFFED CAPSICUM MASALA	
DAL TAMATAR	DAL MAKHANI	DAL TRIVENI	SAMBAR	DAL TADKA / RASAM	DAL PALAK	DAL TADKA	
METHI MUTTER PULAO	JEERA RICE	INDONESIAN FRIED RICE	PULIYODHARAI	GHEE RICE	PEAS PULAO	METHI PULAO	
PAPAD /BREAD ROLL / PICKLE/CURD / SEASONAL FRUIT							
BLUEBERRY PASTRY	ICE CREAM	COLUMBIAN COFFEE CAKE	MALAI CHUM CHUM	BADAM PURI	GULAB JAMUN	PINACOLADA CRUNCH CAKE	
BANANA	***	BANANA	****	BANANA	****	*****	
E.S	CROISSANTS	MARBLE CAKE SLICE	METHI KABULI CHANNA VADA	BANANA MUFFINS	OATS AND NUTS COOKIES	CINNAMON ROLL	PANEER BURJI PUFF
	TEA						
DINNER	CRISPY RICE SOUP	MINISTRONE SOUP		CREAM OF TOMATO/CROUTONS	BARLEY AND VEG SOUP	HOT AND SOUR SOUP	OATS CHOW SOUP
	GRILLED VEGETABLE SALAD	SUMMER SALAD		COLESLAW SALAD	KACHUMBER SALAD	HUMMUS	ONION SALAD
	CHAPATI	PARATHA		BURGER BUN	SZECHUAN VEGETABLE	BUTTER GARLIC BREAD	BHATURA
	HONEY GLAZED CARROTS	RATATOUILLE NICOISE	CHEFS SPECIAL MENU	VEG BURGER PATTIES	ITALIAN VEG PIE	DHINGRI DOLMA	VEG LASAGNE
	COTTAGE CHEESE AND VEG GRATIN	RASAM		FRENCH FRIES	MIRCH KA SALAN	SPAGHETTI	CHOLE MASALA
	TINDLI AND ALOO MASALA	VEGETABLE DHANSAK		DAHI BHINDI MASALA	VEGETABLE BIRYANI	NEAPOLITAN SAUCE	***
	DAL	CHANNA DAL FRY		GINGER DAL	DAL FRY / RAITHA	MUSTARD FRY DAL	DAL TADKA
	CORNFLAKES CHICKEN	CHETTINAD FISH CURRY		CHICKEN BURGER PATTIES	MUTTON BIRYANI	CHICKEN BOLOGNESE	BUTTER CHICKEN MASALA
	PLAIN RICE	PLAIN RICE		PLAIN RICE	PLAIN RICE	PLAIN RICE	PLAIN RICE
	PAPAD /BREAD ROLL / PICKLE/CURD / SEASONAL FRUIT						
	SWISS FRUIT INDULGENCE	FRUIT TART		WHITE CHOCOLATE BREAD PUDDING	ICE CREAM	MUD CAKE	JALEBI
	PLAIN MILK	HOT CHOCOLATE		HOT CHOCOLATE	PLAIN MILK	HOT CHOCOLATE	PLAIN MILK
COFFEE							

WEEK 3 COMMON MENU FOR THE YEAR 2017 - 2018

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	BOURNVITA	HOT CHOCOLATE	BOOST	HOT CHOCOLATE	BOURNVITA	HOT CHOCOLATE	BOOST
	TEA / COFFEE						
	CORN FLAKES	OATS PORRIDGE	CORN FLAKES	OATS PORRIDGE	CORN FLAKES	RICE PORRIDGE (CONGEE)	CORN FLAKES
	WHITE BREAD TOAST						
	BUTTER / JAM						
	FRIED EGG	EGG BHURJI	OMELETTE	ONION EGG BHURJI	AKOORI	BOILED EGG	ONION FRIED EGG
	*****	BAKED BEANS	*****	*****	*****	*****	*****
	IDLY / WADA	KERALA PARATHA	POORI	UTTAPAM	AMERICAN PANCAKE	IDLY / BONDA	MASALA DOSA
	SAMBAR / CHUTNEY	KURMA	ALOO BHAJI	SAMBAR / CHUTNEY	SEMIYA BATH	SAMBAR / CHUTNEY	SAMBAR / CHUTNEY
	BANANA	PAPAYA	BANANA	PAPAYA	BANANA	PAPAYA	BANANA
M.S	GINGER LEMON JUICE	LITICHI JUICE	MINT LEMON JUICE	ICED TEA	SWEET N SALT LEMON JUICE	ICED TEA	MANGO JUICE
	BISCUITS						
	COFFEE						
	HERB SCENTED TOMATO SOUP	CREAM OF ZUCCHINI	TOM YUM SOUP	HOT & SOUR SOUP	SWEET CORN SOUP	TOMATO SOUP WITH CROUTONS	POTATO LEEKS SOUP
	GREEN SALAD	HAWAIIAN SALAD	SPROUT SALAD	BEETROOT SALAD	CARROT CORN KOSUMBARI	SUNDAL	PASTA SALAD
	MULTIGRAIN CHAPATI	CHAPATI	CHAPATI	MULTIGRAIN CHAPATI	CHAPATI	ALOO PARATHA	*****
	PASTA IN SPINACH SAUCE	LYONNAISE POTATO	VEG NOODLES	FRIED CAULIFLOWER IN HOT GARLIC SAUCE	METHI MUTTER CUTLET	BAKED CHEESY VEGETABLES	STIR FRIED VEGGIES
	THAI ROASTED VEGETABLES	VEG PROVENCALE	INDONESIAN VEGETABLE CURRY	GRATIN VEGETABLE	WHOLE WHEAT PASTA MARGHERITA	CURD	ITALIAN SUB ROLL
	SAI BHAJJI	PANEER KHURCHAN	NOORJEHANI KOFTA CURRY	VEG MASSAMAN	BOTTLE GUARD YAKHNI	PANEER NARGISI	KAJU AUR DHUM ALOO
	DAL TADKA	SAMBAR	DAL TRIVENI	DAL DHANSAK	SUKHA DAL / RASAM	GREEN MOONG DAL	DAL PUNJABI
SOUTH INDIAN PULAO	BROWN RICE	GHEE RICE	METHI PULAO	TOMATO RICE	JEERA RICE	BHUNA PAYAS KA PULAO	
PAPAD /BREAD ROLL / PICKLE/CURD / SEASONAL FRUIT							
FRUIT CUSTARD	CHOCOLATE BORWNIE	JELLY	ICE CREAM	MYSORE PAK	GULAB JAMOON	APPLE PIE	
*****	BANANA	*****	BANANA	****	BANANA	*****	
E.S	WHOLE WHEAT CHEESE PIZZA	MIX VEG BAJJI	DANISH PASTRY	CHOCOCHIP COOKIES	CARROT MUFFIN	OATS SHORT BREAD	BANANA CAKE SLICE
	TEA						
	ROASTED ONION SOUP	CREAM OF CARROT		ROASTED TOMATO SOUP	CABBAGE SOUP	BAMBOO SHOOT SOUP	CREAM OF CELERY
	LACHHA SALAD	BAKED VEG SALAD		THREE BEAN SALAD	GREEN SALAD	ROASTED VEGETABLE SALAD	CHEFS SALAD
	PARATHA	CHAPATI		CHAPATI	PARATHA	*****	*****
	MUSHROOM VOL AU VENTS	SAUTE VEG IN MUSHROOM SAUCE	CHEFS SPECIAL MENU	BAKED VEG CASSEROLE	MUSHROOM QUICHE	THAI VEG NOODLES	INDONESIAN ROASTED VEG
	***	HONEY CHILLI POTATOES		RASAM / MASHED POTATO	SWEET AND SOUR VEG	SALT AND PEPPER VEGGIES	AMERICAN VEG CHOPSUEY
	BHINDI AUR PYAZ MASALA	VEG MAKHANWALA		ACHARI PANEER MASALA	CHATEKEDAR SUBZI	HYDERBADI DUM KE BAIGAN	MUGHALAI VEG KHORMA
	MASOOR DAL	COCONUT DAL		DAL DHANIYA	DAL	DAL METHI	DAL TRIVENI
	ROASTED BBQ CHICKEN	LAJAWAB MUTTON		HERB SCENTED PAN SEARED FISH	EGG CURRY	THAI CHICKEN NOODLES	AMERICAN CHICKEN CHOPSUEY
PLAIN RICE	PLAIN RICE		PLAIN RICE	PLAIN RICE	PLAIN RICE	PLAIN RICE	
PAPAD /BREAD ROLL / PICKLE/CURD / SEASONAL FRUIT							
FRUIT AND NUT PUDDING WITH MAPLE SYRUP	ICE CREAM		STRAWBERRY SWISS ROLL	CHOCOLATE HAZELNUT PASTRY	PUMPKIN HALWA	BANANA FOSTERS WITH VANILLA I/C	
HOT CHOCOLATE	PLAIN MILK		PLAIN MILK	HOT CHOCOLATE	PLAIN MILK	HOT CHOCOLATE	
COFFEE							

WEEK 4 COMMON MENU FOR THE YEAR 2018 - 2019							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	HOT CHOCOLATE	BOURNVITA	HOT CHOCOLATE	BOOST	HOT CHOCOLATE	BOURNVITA	HOT CHOCOLATE
	TEA / COFFEE						
	OATS PORRIDGE	CORN FLAKES	OATS PORRIDGE	CORN FLAKES	OATS PORRIDGE	CORN FLAKES	RICE PORRIDGE (CONGEE)
	WHITE BREAD TOAST						
	BUTTER / JAM/ MARMALADE						
	OMELETTE	FRIED EGG	AKOORI	BOILED EGG	MUSHROOM OMELETTE	CHILLI FLAKES FRIED EGG	EGG BURJJI
	****	BAKED BEANS	****	*****	****	****	*****
	POORI	IDLY / WADA	KERALA PARATHA	FRENCH TOAST	UTHAPPAM	IDLY / BONDA	MASALA DOSA
	SAGOO	SAMBAR / CHUTNEY	KURMA	KHARA BATH/CHUTNEY	SAMBAR / CHUTNEY	SAMBAR / CHUTNEY	SAMBAR / CHUTNEY
	PAPAYA	BANANA	PAPAYA	BANANA	PAPAYA	BANANA	PAPAYA
M.S	GINGER LEMON JUICE	LITICHI JUICE	MINT LEMON JUICE	ICED TEA	SWEET N SALT LEMON JUICE	ICED TEA	MANGO JUICE
	BISCUITS						
	COFFEE						
	CREAM OF MUSHROOM SOUP	CREAMY VEG SOUP	TOMATO SOUP	HEALTHY BEAN SOUP	OATS CHOW SOUP	VEG BARLEY SOUP	ROASTED TOMATO SOUP
	GREEN SALAD	SPROUT AND POMEGRANATE SALAD	MINT TOSSED GREEN SALAD	CORN AND POTATO SALAD	SPROUTS CARROT SALAD	SHREDDED VEG SALAD	COLESLAW SALAD
	CHAPATI	CHAPATI	CHAPATI	CHAPATI	CHAPATI	ALOO PARATHA	CHAPATI
	PASTA IN TOMATO SAUCE	POTATO PANEER CROQUETTES	HONGKONG NOODLES	RATATOUILLE NICOISE	PASTA ALFREDO	ENGLISH VEG AUGRATINE	HUMMUS TOASTED SANDWICH
	HERB SCENTED GRILLED VEGGIES	VEG AND SWEET CORN SAUTEE IN WHITE SAUCE	LYONNAISE POTATO	GINGER GARLIC VEGGIES	CAULIFLOWER AUGRATINE	CURD	*****
	NIZAMI VEG HANDI	KADI PAKODI	VEGETABLE DHANSAK	KADAI GOBI AUR SHIMLA MIRCH	VEGETABLE JHALFREZI	PANEER BUTTER MASALA	ALOO CAPSICUM DRY
	SAMBAR	DHAL AMARANTH	DAL AMTI	BLACK DAL	DAL MAHARANI	DHAL PANCHRATNA	MASOOR DAL FRY
VANGI BATH	ZAFFRANI PULAO	JEERA RICE	PEAS PULAO	BROWN RICE	NASI GORENG	SPANISH JAMBALAYA	
PAPAD /BREAD ROLL / PICKLE/CURD / SEASONAL FRUIT							
FRUIT CUSTARD	ICE CREAM	JELLY CHEESE CAKE	BROWNIE	DOODH PEDA	KALA JAMUN	BLACK FOREST CAKE	
BANANA	****	BANANA	****	BANANA	****	****	
E.S	COCONUT CINNAMON ROLL	RAGI AND NUTS COOKIES	VEG KABULI CHANNA VADA	ENGLISH SHORT BREAD	CHOCOLATE DOUGHNUTS	DANISH PASTRY	CROISSANTS
	TEA						
	RED CABBAGE CLEAR SOUP	CREAM OF ASPARAGUS		CHINESE NOODLE SOUP	TOMATO SOUP	CREAM OF PUMPKIN	CREAM OF POTATO
	TAWA FRIED VEG SALAD	NOODLE SALAD		SUMMER VEG SALAD	FINGER SALAD	KIMCHI SALAD	ONION SALAD
	PARATHA	CHAPATI		PARATHA	BOONDI RAITHA	*****	****
	PANEER AND VEG CUTLET	MUSHROOM STROGANOFF	CHEFS SPECIAL MENU	MIX VEG IN TERIYAKI SAUCE	PARSLEY POTATOES	THREE BEAN CUTLET	BHATURA
	BAKED VEGGIES IN PESTO SAUCE	VEG CASSEROLE		BEANS AND ALOO CUTLET	VEG DUM BIRYANI	VEG NOODLES	ROASTED POTATOES
	VEG KHOLAPURI	TAWA PANEER MASALA		METHI MUTTER PANEER	MIRCHI KA SALAN	SHAHI BHINDI CURRY	CHANNA MASALA
	DAL ADRAKI	DAL/RASAM		MOONG DAL TADKA	SIMPLE DAL	DAL	TOORDAL TADKEWALI
	SOUTH INDIAN FRIED CHICKEN	MANGALORE FISH CURRY		BBQ CHICKEN IN BROWN SAUCE	AMBUR CHICKEN DUM BIRYANI	CHICKEN NOODLES	GARLIC SOYA CHICKEN
PAPAD /BREAD ROLL / PICKLE/CURD / SEASONAL FRUIT							
BLUEBERRY CHEESE CAKE	MALAI SANDWICH		ANGOORI RABDI	ICE CREAM	BREAD N BUTTER PUDDING	MALAI CHUM CHUM	
PLAIN MILK	HOT CHOCOLATE		HOT CHOCOLATE	PLAIN MILK	HOT CHOCOLATE	PLAIN MILK	
COFFEE							

PEANUTS

EGGS

ALL KINDS OF NUTS

GELATINE

HIGH FAT

GELATINE AND EGGS

