

WEEK - 01									
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY		
BREAKFAST	GUIDELINE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
	HEALTH DRINK	HOT CHOCOLATE	BOOST	HOT CHOCOLATE	BOOST	HOT CHOCOLATE	BOOST	HOT CHOCOLATE	
	HOT BEVERAGE				TEA / COFFEE				
	CEREAL	PORRIDGE	CORN FLAKES	PORRIDGE	CORN FLAKES	PORRIDGE	CORN FLAKES	PORRIDGE	
	BREAD				TOAST				
	ACCOMP.				BUTTER / JAM				
	SPL	FRIED EGG	BHURJI	BOILED EGG	STEAMED EGG	AKOORI	MASALA OMELETTE	FRIED EGG	
	INDIAN	IDLY / MASALA VADA	KERALA PARATHA	ONION UTTAPPAM	POORI	IDLY / VADA	ALOO PARATHA	MASALA DOSA	
	ACCOMP.	SAMBAR/ CHUTNEY	KHURMA	CHUTNEY/SAMBAR	SAGOO	SAMBAR/ CHUTNEY	CURD / PICKLE	SAMBAR / CHUTNEY	
	FRUIT	PAPAYA	BANANA	PAPAYA	BANANA	PAPAYA	BANANA	PAPAYA	
M.S	11:AM	LEMON	MANGO	LEMON	GREEN APPLE	LEMON	LITCHI	GRAPES	
	REFRESHMENT				BISCUITS				
	HOT BEVERAGE				COFFEE				
	SOUP	POTATO & LEEKS	TOMATO & BASIL	BROCCOLI & ALMOND	MINSTRONE	HOT AND SOUR SOUP	VEGETABLE BROTH	ROOT VEG SOUP	
	SALAD	GREEN SALAD	CUCUMBER SALAD	BEANS SPROUT SALAD	KUCUMBER SALAD	JULIENNE SALAD	CARROT & CUCUMBER	BATON SALAD	
	IND.BREAD	CHAPATTI							
	CONT VEGETABLE	RATATOUILLE	FUSILLI MILANESE	CHEESY VEGETABLE	FARFELLE IN CREAM SAUCE	SINGAPORE NOODLES	PENNE IN ALFREDO SAUCE	CREAMY VEGETABLE	
	IND VEG	GARLIC SAUTED VEG	VEGETABLE CREPES	BEAN GLOULASH	TIAN VEG	HUMAN VEGETABLES	VEGETABLE SHASLIK	THAI RED CURRY	
	RICE	CHANNNA MASALA	VEG JALFREZI	PANEER KOFTA CURRY	ALOO ACHARI	HYDERABADI VEG	SUKHI ALOO	BHINDI MASALA	
	DAL	GUCCHI PULAO	GREEN PEAS PULAO	JEERA PULAO	LEMON RICE	TOMATO RICE	ANDHRA VEG PULAO	NAVARATHNA PULAO	
LUNCH	DESSERT	PAPAD /BREAD ROLL / PICKLE/CURD / SEASONAL FRUIT			SAMBAR	DAL LASOONI /RASAM	DAL TRIVENI	DABA DAL	
	DESSERT	GULAB JAMUN	BROWNIE	JELLY	CHOCOLATE COOKIES	ICE CREAM	LADOO	BASUNDI	
	SNACKS	VEG PIZZA	ONION PAKODA	CINNAMON ROLL	GINGER RUSK	CHOCOLATE MUFFINS	VEG PUFF	JAM DOUGHNUTS	
	COLD MILK				COLD CHOCOLATE				
	HOT BEVERAGE				TEA				
	SOUP	CREAMY CRECY	MUSHROOM SOUP	SWEET CORN SOUP	GOULASH SOUP	TOMATO SHORBA	HARISSA SOUP	ITALIAN SOUP	
	SALAD	MEXICAN SALAD	CUCUMBER&TOMATO	GREEK SALAD	KUCUMBER SALAD	TOSSED SALAD	ONION SALAD	COLES LAW	
	IND.BREAD	CHAPATTI						BURGER BUN	
	CONT VEGETABLE	VEG AUGRATINE	TEPPAN VEGETABLE	VEG STEW	PESTO TOSSED VEG	CREOLE POTATOES	IRISH VEG STEW	FRENCH FRIES	
	IND VEG	MAKAI MUTTER	VEG QUICHE	JEERA ALOO MASALA	SOUR AND PEPPER VEG	VEG KHOLAPURI	VEGETABLE N GAR SAUCE	VEG BURGER	
DAL	GREEN MOONG DAL	SAMBAR	TOMATO RASAM / DAL PANCHARATAN	BHAGARA BAINGAN	TOOR DAL AMARANTH	DAL METHI	KHATTA DAL		
DINNER	RICE	PLAIN RICE			VEG BIRYANI	PLAIN RICE			
	NON VEG.	CHICKEN MEAT BALLS	BUTTER CHICKEN	CRISPY FRIED CHICKEN	MUTTON BIRYANI	FRIED FISH WITH TARTAR SAUCE	CHICKEN MASALA	CHICKEN BURGER	
	PPCS	PAPAD /BREAD ROLL / PICKLE/CURD / SEASONAL FRUIT							
	DESSERT	PINE APPLE PASTRY	ICE CREAM	MALAI CHUM CHUM	JALEBI	MANGO TERRINE	ORANGE SOUFFLE	BLACK CURRENT PASTRY	
	HOT BEVERAGE	HOT CHOCOLATE	PLAIN MILK	HOT CHOCOLATE	PLAIN MILK	HOT CHOCOLATE	PLAIN MILK	HOT CHOCOLATE	
	HOT BEVERAGE				COFFEE				
	WEEK - 2								
	GUIDELINE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
	HEALTH DRINK	BOOST	HOT CHOCOLATE	BOOST	HOT CHOCOLATE	BOOST	HOT CHOCOLATE	BOOST	
	HOT BEVERAGE				TEA / COFFEE				
CEREAL	CORN FLAKES	PORRIDGE	CORN FLAKES	PORRIDGE	CORN FLAKES	PORRIDGE	CORN FLAKES		
BREAD				TOAST					
ACCOMP.				BUTTER / JAM					
SPL	MASALA OMELETTE	EGG BHURJI	ONION TOM OMLETTE	STEAM EGG	FRIED EGG	BOILED EGG	OMLETTE		
INDIAN	IDLY / BONDA	PLAIN PARATHA	PODI UTHAPPAM	POORI	IDLY / VADA	ALOO PARATHA	MASALA DOSA		
ACCOMP.	CHUTNEY / SAMBAR	KURMA	CHUTNEY / SAMBAR	SAGOO	CHUTNEY / SAMBAR	CURD / PICKLE	SAMBAR / G.CHUTNEY		
FRUIT	BANANA	BANANA	PAPAYA	PAPAYA	BANANA	PAPAYA	BANANA		
M.S	11:AM	LEMON	MANGO	LEMON	GREEN APPLE	LEMON	LITCHI	GRAPES	
	REFRESHMENT				BISCUITS				
	HOT BEVERAGE				COFFEE				
	SOUP	CREAM OF BROCCOLI	HOT AND SOUR SOUP	TOMATO AND BASIL	POTATO AND LEEKS	DAL MINT SHORBA	CREAM OF DUBBARY	LEMON CORRIANDER SOUP	
	SALAD	CLOCK SALAD	SALAD JULIENNE	GARDEN DIP SALAD	TANGY CUCUMBER	BEANS SPROUT SALAD	GREEN SALAD	PUNJABI SALAD	
	IND.BREAD	CHAPATTI							
	CONT VEGETABLE	FUSILLI PRIMAVERA	SHANHAI RICE NOODLES	PENNE ARABIATA	POTATO CROQUETTES	FARFELLE ALFREDO	RATATOUILLE	MACARONI PROVENCALE	
	IND VEG	VEG RAGOUT	TEPPAN VEG	VEG AUGRATINE	VEG BROCHETTES	THAI GREEN CURRY	THAI & SOUR VEG	VEG FRICASSEE	
	RICE	MOONG KADAI	KADAI VEG	ALOO GOBI ADRAK	VEG JALFREZI	TAWA BHAJJI	KADAI PANEER	VEG KOFTA MAKHANWALA	
	DAL	PURIOTHARAI	JEERA PULAO	PLAIN RICE	TOMATO RICE	PLAIN RICE	JEERA PULAO	TOMATO RICE	
LUNCH	DESSERT	PAPAD /BREAD ROLL / PICKLE/CURD / SEASONAL FRUIT			SAMBAR	DAL PALAK/RASAM	DAL MAKHANI	HARA MOONG LASOONI	
	DESSERT	CHEESE CAKE	JELLY	ICE CREAM	SHAHI THUKRA	GULAB JAMUN	BLUE BERRY PASTRY	MANGO TERRINE	
	SNACKS	VEG BONDA	SALT BISCUITS	DANISH PASTRY-JAM	CHEESE STRAW	CHOCOLATE DOUGHNUTS	GRILLED VEG S/W	MASALA VARKI	
	HOT BEVERAGE				TEA				
	SOUP	CREAM OF VEG	POTAGE PARSELY	CLEAR MUSHROOM	POTAGE CILANTRO	SWEET CORN SOUP	CARROT AND CELERY	PUMPKIN SOUP	
	SALAD	CUCUMBER & CORIANDER SALAD	TOMATO CUCUMBER	GREEN SALAD	KUCUMBER & BASIL SALAD	KUCUMBER SALAD	CLOCK SALAD	ONION SALAD	
	IND.BREAD	CHAPATTI						BHATURA	
	CONT VEGETABLE	VEG HOT POT	VEG SHASHLIK	CHILLI HONEY VEGGIE	GARLIC SAUTED VEG	VEG MASSAMAN CURRY	PENNE ALFREDO	SPINACH AND CORN AUGRATINE	
	IND VEG	VEG FRICASSEE	VEG ALA KING	VEG ALA KING	KIDNEY BEANS MEXICAN A	KIDNEY BEANS MEXICAN A	SPAGHETTI WITH NAPOLITAN	STIR FRIED VEG	
	DAL	SAMBAR	YELLOW DAL	BHINDI DARIHWALA	GINGER RASAM / CHANNA DAL FRY	MASOOR DAL	DAL AMARANTH	CHOLE	
DINNER	RICE	BUTTER CHICKEN	ROAST CHICKEN	MUTTON LALMAS	FISH IN LEMON CAPER	MUGHALAI CHIC BIRYANI	CHICKEN BOLOGNAISE	CHICKEN KHOLAPURI	
	PPCS	PAPAD /BREAD ROLL / PICKLE/CURD / SEASONAL FRUIT						PLAIN RICE	
	DESSERT	RASAGULLA	PRALINE PASTRY	NUT BALLS	COCONUT MACAROON	APPLE PIE	RASAMALAI	ICE CREAM	
	HOT BEVERAGE	PLAIN MILK	HOT CHOCOLATE	PLAIN MILK	HOT CHOCOLATE	PLAIN MILK	HOT CHOCOLATE	PLAIN MILK	
	HOT BEVERAGE				COFFEE				
	WEEK - 03								
	GUIDELINE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
	HEALTH DRINK	HOT CHOCOLATE	BOOST	HOT CHOCOLATE	BOOST	HOT CHOCOLATE	BOOST	HOT CHOCOLATE	
	HOT BEVERAGE				TEA / COFFEE				
	CEREAL	PORRIDGE	CORN FLAKES	PORRIDGE	CORN FLAKES	PORRIDGE	CORN FLAKES	PORRIDGE	
BREAD				TOAST					
ACCOMP.				BUTTER / JAM					
SPL	TOMATO OMELETTE	EGG BHURJI	FRIED EGG	STEAMED EGG	AMERICAN PANCAKE	ONION CAPSICUM	BOILED EGG		
INDIAN	IDLY/MASALA WADA	AJWAIN PARATHA	VEG UTHAPPAM	POORI	AVALAKKI BATH	ALOO PARATHA	MASALA DOSA		
ACCOMP.	SAMBAR/CHUTNEY	SUKHI CHOLE	CHUTNEY/SAMBAR	SAGOO	CHUTNEY	CURD/PICKLED	CHUTNEY/SAMBAR		
FRUIT	PAPAYA	BANANA	PAPAYA	BANANA	PAPAYA	BANANA	PAPAYA		
M.S	11:AM	LEMON	MANGO	LEMON	GREEN APPLE	LEMON	LITCHI	GRAPES	
	REFRESHMENT				BISCUITS				
	HOT BEVERAGE				COFFEE				
	SOUP	CREAM OF LENTIL	VEG MOROCCAN SOUP	HOT & SOUR SOUP	TOMATO BASIL	CREAM OF DUBBARY	DAL MINT SHORBA	CREAMY CRECY	
	SALAD	TOMATO CUCUMBER SALAD	GREEN SALAD	TANGY CUCUMBER SALAD	ALOO CHAT	CUCUMBER SALAD	PUNJABI SALAD	SALAD BATON OF VEG	
	IND.BREAD	CHAPATTI							
	CONT VEGETABLE	FUSILLI MARGARITA	CREAMY CHEESE VEG	THAI STYLE NOODLES	MACARONI HOT POT	VEG AU GRATIN	RATATOUILLE	FUSILLI ITALIAN	
	IND VEG	CRISPY POTATO WEDGES	KIDNEY BEANS	SWEET & SOUR VEG	BAKED VEG.	GRILLED VEG	CAULI & BROCC ALA CREAM	VEG CARPONATA	
	RICE	GOBI MASALA	VEG KOFTA CURRY	CHANNNA MASALA	KADAI PAKODI	PANEER MAKHANI	SUKHI SUBJI	BHINDI MASALA	
	DAL	LEMON RICE	PEAS PULAO	PLAIN RICE	JEERA PULAO	VEG PULAO	COCONUT RICE	TOMATO RICE	
LUNCH	DESSERT	PAPAD /BREAD ROLL / PICKLE/CURD / SEASONAL FRUIT			GINGER DAL	RASAM/MASALA DAL	SAMBAR	DAL MAKHANI	
	DESSERT	KALA JAMUN	BOONDI LADOO	JELLY	ICE CREAM	CARROT CAKE	CHOCOLATE SQUARE	BADUSHA	
	SNACKS	VEG CHILLY ROLL	STRAWBERRY MUFFINS	VEG PIZZA	MASALA COOKIES	VEG PUFF	ONION PAKODA	SWISS ROLL	
	COLD MILK				COLD CHOCOLATE				
	HOT BEVERAGE				TEA				
	SOUP	CLEAR MUSHROOM SOUP	CREME OF CELERY	FRENCH ONION SOUP	DHAI SHORBA	THREE BEAN SOUP	CREAM OF TOMATO with croutons	MANCHOW SOUP	
	SALAD	TOSSED SALAD	TOMATO & CUCUMBER SALAD	CLOCK SALAD	KUCUMBER SALAD	GREEK SALAD	COLESLAW SALAD	ONION KUCUMBER	
	IND.BREAD	CHAPATTI						PAV	
	CONT VEGETABLE	SAUTED VEG	BRAISED VEG	GREEN THAI CURRY	VEG ROULADE	VEG BAKED IN BASIL SAUCE	TAWA VEG	VEG MEXICAN A	
	IND VEG	AMERICAN CHOPSUEY	VEG QUICHE	VEG QUICHE	IRISH STEW	MUTTER TAMATAR	VEG MAKHANWALA	THAI RED CURRY	
DAL	ALOO MUTTER	KADAI VEG	PANEER PALAK	SALAAN CURRY	DAL FRY	PLAIN RICE	BHAJJI		
DINNER	RICE	GREEN MOONG DAL FRY	LEMON RASAM / GARLIC DAL	TADKA DAL	DAL FRY	DAL PALAK	DAL METHI	PLAIN RICE	
	NON VEG.	BUTTER CHICKEN	SINGO CHICKEN	MADRAS FISH CURRY	VEG BIRYANI	CHICKEN CACCIATORE	CHICKEN BURGER	MURGH LASSONI	
	PPCS	PAPAD /BREAD ROLL / PICKLE/CURD / SEASONAL FRUIT							
	DESSERT	DATE CAKE	WHITE FOREST PASTRY	CHEESE CAKE	MANGO TERRINE	BROWNIE	RASMALAI	ICE CREAM	
	HOT BEVERAGE	HOT CHOCOLATE	PLAIN MILK	HOT CHOCOLATE	PLAIN MILK	HOT CHOCOLATE	PLAIN MILK	HOT CHOCOLATE	
	HOT BEVERAGE				COFFEE				

WEEK - 04								
GUIDELINE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
HEALTH DRINK	BOOST	HOT CHOCOLATE	BOOST	HOT CHOCOLATE	BOOST	HOT CHOCOLATE	BOOST	BOOST
TEA				TEA / COFFEE				
CEREAL	CORN FLAKES	PORRIDGE	CORN FLAKES	PORRIDGE	CORN FLAKES	PORRIDGE	CORN FLAKES	
BREAD				TOAST				
ACCOMP.				BUTTER / JAM				
SPL	EGG BHURJI	ONI TOM OMELETTE	FRIED EGG	STEAMED EGG	FRENCH TOAST	MASALA OMELETTE	BOILED EGG	
INDIAN	PLAIN PARATHA	IDLY / WADA	POORI	TOMATO UTHAPPAM	VEG KARA BATH	ALOO PARATHA	MASALA DOSA	
ACCOMP.	KURMA	CHUTNEY/ SAMBAR	SAGO	CHUTNEY/SAMBAR	RED CHUTNEY	CURD/ PICKLE	SAMBAR/CHUTNEY	
FRUIT	BANANA	PAPAYA	PAPAYA	PAPAYA	BANANA	PAPAYA	BANANA	
11:AM	LEMON	MANGO	LEMON	LITCHI	LEMON	GREEN APPLE	GRAPES	
REFRESHMENT				BISCUITS				
HOT BEVERAGE				COFFEE				
SOUP	CORN & LENTIL SOUP	TOMATO BASIL SOUP	MINESTRONE SOUP	DAL MINT SHORBA	MADRAS SOUP	GREEN PEAS SOUP	RST PUMPKIN SOUP	
SALAD	GREEN SALAD	CUCUMBER MINT SALAD	TOMATO AND CUCUMBER SALAD	CUCUMBER & PAPRIKA SALAD	KOSUMABRI	BEANS SPROUT SALAD	ALOO CHANNA CHAT	
IND.BREAD	CHAPATTI							
CONT	FARFELLE WITH PEAS & MINT	VEG CUTLET	PENNE N TOMATO SAUCE	CHILLY POTATO	MUSHROOM MACARONI	VEG TEMPURA	FUSSILI AL PESTO	
IND VEG	VEG PARMIGIANA	VEG HOT POT	HOT & SOUR VEG	VEG BROCHETTES	KIDNEY BEANS MEXICAN A	SINGO NOODLES	SAUTIED VEG	
RICE	VEG DO PYAZA	KADAI PAKODI	CHANNIA MALAI MASALA	PANNER TIKKA MASALA	KADAI ALOO	VEG JALFREZI	VEG KOFTA CURRY	
DAL	CORIANDER RICE	JEERA PULAO	PLAIN RICE	COCONUT RICE	PLAIN RICE	CAPSICUM RICE	PLAIN RICE	
PPCS	DAL MAHARANI	GREEN MOONG DAL	DAL TADKA	BLACK DAL	RASAM/TADKA DAL	SAMBAR	DAL METHI	
DESSERT	PAPAD /BREAD ROLL / PICKLE/CURD / SEASONAL FRUIT	ICE CREAM	JELLY	NUT BALLS	GULAB JAMUN	SHAHI THUKRA	RASAGULLA	
SNACKS	BROWNIE	VEG PUFFS	DANISH PASTRY	CHEESE STRAW	ALOO BONDA	VEG. PIZZA	MASALA COOKIES	
COLD MILK				COOLD CHOCOLATE				
HOT BEVERAGE				TEA				
SOUP	VEG BROTH	MULLIGATAWNY SOUP	CREAM OF WASHINGTON	VEGETABLE HARIRRA SOUP	VEGETABLE SOUP	TOMATO SHORBA	VEG HOT AND SOUR SOUP	
SALAD	PUNJABI SALAD	CLOCK SALAD	TOSSED SALAD	KUCHUMBER	GARDEN DIP SALAD	ONION KUCHUMBER	KIM CHI SALAD	
IND.BREAD	CHAPATTI					BHATURA	VEG NOODLES	
CONT VEG	VEG ALA KING	BEAN GOULASH	HASH BROWN POTATOES	VEG BALL MANCHURIAN	RATATOUILLE	CHEESY VEG	SWEET & SOUR VEGETABLE	
IND VEG	PANEER BHURJI	VEG MASSAMAN	VEG AUGRATINE	VEG QUICHE	KADAI VEGETABLES	CAJUN POTATOES	GOBI MANCHURIAN	
DAL	SAMBAR	SUKHA DAL	RASAM/TOOR DAL	DAL FRY	DAL PALAK	DAL TADKA	MASALA MASOOR DAL	
RICE	PLAIN RICE	PLAIN RICE	PLAIN RICE	VEG BIRYANI	PLAIN RICE	PLAIN RICE	PLAIN RICE	
NON VEG.	CHILLY CHICKEN	BUTTER CHICKEN	TAVA FRIED FISH	CHICKEN BIRYANI	CORN FLAKES CHICKEN	BHUNA GOSHT	CHICKEN IN HOT GARLIC SAUCE	
PPCS	PAPAD /BREAD ROLL / PICKLE/CURD / SEASONAL FRUIT	APPLE PIE	JHANGIRI	ICE CREAM	CHEESE CAKE	STRAWBERRY PASTRY	MYSORE PAK	
DESSERT	PLAIN MILK	HOT CHOCOLATE	PLAIN MILK	HOT CHOCOLATE	PLAIN MILK	HOT CHOCOLATE	PLAIN MILK	
HOT BEVERAGE				COFFEE				
HOT BEVERAGE								
WEEK - 05								
GUIDELINE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
HEALTH DRINK	BOOST	BOOST	HOT CHOCOLATE	BOOST	HOT CHOCOLATE	BOOST	HOT CHOCOLATE	BOOST
TEA				TEA / COFFEE				
CEREAL	PORRIDGE	CORN FLAKES	PORRIDGE	CORN FLAKES	PORRIDGE	CORN FLAKES	PORRIDGE	
BREAD				TOAST				
ACCOMP.				BUTTER / JAM				
SPL	FRIED EGG	AKOORI	FRIED EGG	STEAMED EGG	OMLETTE	EGG BHURJI	BOILED EGG	
INDIAN	IDLY / MASALA VADA	PLAIN PARATHA	KARA PODIA UTHAPPAM	POORI	IDLY / VADA	ALOO PARATHA	MASALA DOSA	
ACCOMP.	SAMBAR/ CHUTNEY	KHORMA	CHUTNEY/SAMBAR	CHUTNEY/SAMBAR	SAMBAR / CHUTNEY	CURD/ PICKLED	CHUTNEY/SAMBAR	
FRUIT	PAPAYA	BANANA	PAPAYA	BANANA	PAPAYA	BANANA	PAPAYA	
11:AM	LEMON	MANGO	LEMON	GREEN APPLE	LEMON	LITCHI	GRAPES	
REFRESHMENT				BISCUITS				
HOT BEVERAGE				COFFEE				
SOUP	CREAM DUBBARY	VEG MOROCCAN SOUP	POTATO AND LEEKS	TOMATO BASIL	HOT & SOUR SOUP	MINESTRONE	CREAMY CRECY	
SALAD	GREEK SALAD	BEANS SPROUT SALAD	CUCUMBER SALAD	TOSSED SALAD	BATON SALAD	CARROT AND CUCUMBER	CLOCK SALAD	
IND.BREAD	CHAPATTI							
CONT	BAKED VEG	POTATO CROQUETTE	MACARONI IN CREAM SAUCE	CREAMY PARSLEY POTATO	SWEET AND SOUR VEG	VEG HOT POT	FARFELLE IN CREAM SAUCE	
IND VEG	FUSILLI IN TOMATO SAUCE	GARLIC SAUTIED VEG	VEG STROGANOFF OFF	VEG PROVENCAL	THAI NOODLES	CAULIFLOWER AUGRATINE	VEG AL LA KING	
RICE	HYDERABADI VEG	PANEER PALAK	BHINDI DHAI WALA	CHANNIA MASALA	SUBZI KOFTA CURRY	JEERA ALOO MASALA	KALA CHANNIA MASALA	
DAL	PEAS PULAO	TOMATO RICE	COCONUT RICE	JEERA PULAO	CORIANDER RICE	LEMON RICE	GREEN PEAS PULAO	
PPCS	MASALA DAL	DAL MAKHANI	YELLOW DAL	SAMBAR	RASAM/ MOONG DAL	CHANNIA DAL FRY	BLACK DAL	
DESSERT	JELLY	ORANGE SOUFFLE	ICE CREAM	CORN/LAKES COOKIES.	BLUE BERRY PASTRY	KALA JAMUN	STRAWBERRY SOUFFLE	
SNACKS	JAM DOUGHNUTS	SWISS ROLL	CHOCOLATE MUFFINS	VEGETABLE S/W	ONION PAKODA	GINGER RUSK	CHEESE STRAW	
COLD MILK				COOLD CHOCOLATE				
HOT BEVERAGE				TEA				
SOUP	CLEAR MUSHROOM SOUP	CREAM OF SPINACH	DAL MINT SOUP	CREAM OF TOMATO S/S	MULLIGATAWNY SOUP	BROCCOLI SOUP	ADASH SOUP	
SALAD	JULIENNE SALAD	GREEN SALAD	TOMATO CARROT	CUCUMBER SALAD	CLOCK SALAD	JULIENNE SALAD	KUCHUMBER SALAD	
IND.BREAD	CHAPATTI						PAV	
CONT VEGETABLE	VEG QUICHE	BRAISED VEGETABLES	TEPPAN VEG	VEG ROULADE	VEG BAKED IN BASIL SAUCE	PENNE ALFREDO	VEG MEXICAN A	
IND VEG	NILGIRI KHORMA	VEG RED THAI CURRY	VEG CROQUETTES	LEGUME PAPERIKA	ALOO BANARASI	CAJUN VEG	BHAJJI	
DAL	SAMBAR	DAL TADKA	RAJMA DAL	DAL AMARANTH	DABA DAL	NAPOLITAN SAUCE	DAL FRY	
RICE	PLAIN RICE	PLAIN RICE	PLAIN RICE	VEG BIRYANI	PLAIN RICE	DAL AMARANTH	PLAIN RICE	
NON VEG.	CHICKEN CACCIATORE	BUTTER CHICKEN	FISH MOILEE	MUTTON BIRYANI	CREOLE CHICKEN	CHICKEN BOLOGNAISE	CHICKEN DO PYAZ	
PPCS	PAPAD /BREAD ROLL / PICKLE/CURD / SEASONAL FRUIT	CHUM CHUM	DUDH BURFI	BADUSHA	RASAGULA	DATE CAKE	ICE CREAM	
DESSERT	BLACK CURRENT PASTRY	CHUM CHUM	DUDH BURFI	CROUTONS	RASAGULA	DATE CAKE	ICE CREAM	
HOT BEVERAGE	HOT CHOCOLATE	PLAIN MILK	HOT CHOCOLATE	PLAIN MILK	HOT CHOCOLATE	PLAIN MILK	HOT CHOCOLATE	
HOT BEVERAGE				COFFEE				
WEEK - 06								
GUIDELINE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
HEALTH DRINK	BOOST	HOT CHOCOLATE	BOOST	HOT CHOCOLATE	BOOST	HOT CHOCOLATE	BOOST	BOOST
TEA				TEA / COFFEE				
CEREAL	CORN FLAKES	PORRIDGE	CORN FLAKES	PORRIDGE	CORN FLAKES	PORRIDGE	CORN FLAKES	
BREAD				TOAST				
ACCOMP.				BUTTER / JAM				
SPL	FRENCH TOAST	OMLETTE	EGG BHURJI	STEAM EGG	FRIED EGG	BOILED EGG	OMLETTE	
INDIAN	AVALLAKI BATH	VEG UTTAPPAM	AJWAIN PARATHA	PONGAL / MAS.WADA	POORI	ALOO PARATHA	MASALA DOSA	
ACCOMP.	CHUTNEY	SAMBAR/CHUTNEY	BLACK CHANNA	CHUTNEY	ALOO SAGOO	CURD / PICKLE	SAMBAR / G.CHUTNEY	
FRUIT	BANANA	PAPAYA	BANANA	PAPAYA	BANANA	PAPAYA	BANANA	
11:AM	LEMON	MANGO	LEMON	GREEN APPLE	LEMON	LITCHI	GRAPES	
REFRESHMENT				BISCUITS				
HOT BEVERAGE				COFFEE				
SOUP	TOMATO AND BASIL	HOT AND SOUR	POTATO LEEKS	CREAM OF VEG	HARISSA SOUP	CREAM DE CRECY	DAL MINT SHORBA	
SALAD	THREE BEAN SALAD	KIM CHI SALAD	GREEN SALAD	TOSSED SALAD	KOSUMABRI	GARDEN DIP SALAD	CUCUMBER SALAD	
IND.BREAD	CHAPATTI							
CONT	SHANKAI RICE NOODLES	BEAN IN TOMATO SAUCE	PASTA N CREAM SAUCE	VEG AUGRATINE	PASTA N TOMATO SAUCE	SPICY POTATO WEDGES	PASTA N CREAM SAUCE	
IND VEG	SZECHWAN VEG	VEG CUTLET	RATATOUILLE	TIAN VEGETABLE	VEG SPINACH	VEG DUMPLING N TOMATO	BRAISED VEG	
RICE	MAKAI ALOO MUTTER	MILONI HUNDI	VEG KOFTA CURRY	CHANNIA MASALA	POTATO LAYONNAISE	ROGINI PANEER	CAULI.PEAS MASALA	
DAL	TOMATO RICE	CORIANDER RICE	JEERA RICE	PULIODDARI	LEMON RICE	CORIANDER RICE	PLAIN RICE	
PPCS	DAL LASSONI	SAMBAR	MASALA DAL	DAL FRY	MASALA DAL / RASAM	YELLOW DAL	CHANNIA DAL	
DESSERT	JELLY	MALAI CHUM CHUM	SHAHI THUKRA	ICE CREAM	CHEESE CAKE	CORNFLAKES COOKIES	MYSORE PAK	
SNACKS	DANISH PASTRY-PIN	CHOCOLATE DOUGHNUT	MASALA COOKIES	GRILL VEGETABLE S/W	ALOO BHAJJI	CALZONES	VEG PUFFS	
COLD MILK				COOLD CHOCOLATE				
HOT BEVERAGE				TEA				
SOUP	VEGETABLE BROTH	BROCCOLI SOUP	CREAM OF DUBBARY	CREAM OF TOMATO S/S	CLEAR MUSHROOM	TOMATO SHORBA	THAI VEG SOUP	
SALAD	CUCUMBER MINT	BEAN SPROUT SALAD	TOMATO AND CARROT	KUCHUMBER	CLOCK SALAD	ONION SALAD	HUMMUS	
IND.BREAD	CHAPATTI					BHATURA	PITA BREAD	
CONT VEGETABLE	VEG FRICASSEE	CHILLY HONEY POTATO	RED THAI CURRY	VEG BALL MANCHURIAN	VEG QUICHE	CAULIFLOWER MANCHURIAN	THAI FRIED RICE	
IND VEG	SWEET AND SOUR VEG	PANNER MUTTER	ALOO METHI	GRILLED PEPPER AND VEGETABLES	VEG PAN ROLL	MASHED POTATO	THAI NOODLES	
DAL	KADOU RI SUBZI	RASAM / MAAN RI DAL	KALI DAL	KADAI VEGETABLES	BHINDI MASALA	CHOLE	VEG MASSAMAN	
RICE	PLAIN RICE	PLAIN RICE	PLAIN RICE	VEG BIRYANI	PLAIN RICE	DAL TADKA	DAL METHI	
NON VEG.	BUTTER CHICKEN	RST CHICKEN THYME JUS	FISH MEUNIERE	CHICKEN BIRYANI	MUTTON ROGAN JOSH	CHICKEN KHOLAPURI	GREEN CHICKEN THAI CURRY	
PPCS	PAPAD /BREAD ROLL / PICKLE/CURD / SEASONAL FRUIT	DATES CAKE	BROWNIE	GULAB JAMUN	PINE APPLE PASTRY	LADOO	ICE CREAM	
DESSERT	BLACK FOREST PASTRY	HOT CHOCOLATE	PLAIN MILK	HOT CHOCOLATE	PLAIN MILK	HOT CHOCOLATE	PLAIN MILK	
HOT BEVERAGE				COFFEE				
HOT BEVERAGE								